



LETCHWORTH ARTS & LEISURE GROUP

April 2022



LALG Long Distance Walkers on the Greensand Ridge

Out and about with LALG

We are so lucky to live within easy reach of such beautiful countryside and LALG groups really do make the most of it.

We have groups for walking, cycling, gardening, golf, litter-picking, and sight-seeing; and more groups are starting all the time.

So if the Spring weather is tempting you to get out and about, look through this LALG newsletter for some ideas!

Celebrating 35 years

We are celebrating all through this year with different events to mark 35 years of LALG.

This month's event is a light-hearted general knowledge quiz on Saturday 23 April. See page 5 for more information.

As it is Easter this month, the copy deadline for the next newsletter is Friday 8 April; or Tuesday 5 April for anything new, unexpected or longer than usual. Please see page 2.

To join any of our groups you should be a member of LALG



Letter from the Chair of LALG

I was very sorry that the ceilidh planned for March was not able to go ahead. I'd like to say a big thank you to the social committee who put a lot of effort into planning it.

But there are lots of other events planned to mark our 35th Anniversary: an in-person quiz, walk at Heartwood Forest and activities planned as part of the Letchworth Festival.

We are also working on some events for later in the year including a celebration of Grandparents' day on Sunday 2 October. So still lots to look forward to.

I have been very grateful to have had wonderful support throughout the

pandemic. But several of the people who have been on the committee would like to stand down at the next AGM and we need people to replace them. In particular we need to find a secretary, vice chair and publicity officer.

If you think you could help please get in touch at chair@lalg.org.uk or ring me on **01462 735642**.

We'd be very happy to have you come along to a committee meeting and see us in action. If you'd like to join us but not have a formal role you'd be very welcome too.

LALG is a very active organisation which has continued to develop despite the pandemic. If you can help us in the future do please get in touch.

Thank you.

Elaine Fox

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Vice Chair:	George Barnes	01462 673710	vicechair@lalg.org.uk
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From the Editors

The editor of this edition was Valerie Schmidt.

The editor for the May edition will be Leon Fotiadis.

Due to Easter, please send repeat entries by **Friday 8 April** and anything unusual or long by **Tuesday 5 April**.



Please send your entries to newsletter@lalg.org.uk. All emails are acknowledged. If you do not hear anything, please chase us.

A suggestion for contributors: don't wait until the deadline. Set yourself a reminder for the 1st of each month. Thank you!

Contents

Trips and Events	3	Committee News	16
New Ideas	6	Social Groups	26
Arts and Books	9	Language Groups	27
Crafts and Gardening	12	Sports and Games	30
Food and Drink	17	Walking Groups	34
General Groups	19	Linked Organisations	38

Trips and Events



Members' Open Morning Meetings

Letchworth Settlement,
Nevells Road, SG6 4UB

£3 for LALG members, £5 for non-members. Tea/coffee before the talks is £1 per mug. **CASH ONLY**.

Please wear a mask or visor when you enter the room.

Monday 4 April, Doors open 10am for 10.30am

Our opening speaker is Kris Day, Curator at Broadway Gallery in Letchworth, who will be telling us about the many activities for all ages we can take part in.

Our main speaker is from Herts and Middlesex Wildlife Trust and will give an illustrated talk about butterflies.

Monday 9 May, Doors open 10am for 10.30am

Our main speaker, Ian Keable, will entertain us with *History of Cartoons: from William Hogarth to Private Eye*. See our website for details.

Contact:
membersmeetings@lalg.org.uk
lalg.org.uk/membersmeetings

Sports Fixtures and Events

Thursday 11 August



Cricket (The Hundred)

Oval Invincibles v Northern Superchargers

Start: Men 3pm, Women 6.30pm.
Venue: The Kia Oval (London)
Cost: not yet announced.

The franchised teams in the competition include some of the best white ball cricketers in the world, female and male. Get in touch if you are interested.

Group Contact:
Steve Green 07710 542803;
sportsfixtures_events@lalg.org.uk
lalg.org.uk/sportsfixtures_events

While we take care to reduce the risks associated with LALG activities, it is up to each individual to stay safe and to arrange their own personal insurance where applicable.

Trips and Events cont.

COVE (Centrally Organised Virtual Events)



Spring is here but many people still feel uncertain about venturing out due to Covid. So we have extended our online talks through to Easter.

They are on **Tuesdays at 7.30pm** via Zoom.

We are grateful to the speakers who have agreed at short notice to provide us with a very eclectic mix.

These illustrated talks are available free to LALG members. Non-members are welcome at £5 each.

Tuesday 26 April, 7.30pm

Tim Wright will talk about the Woodland Trust and the work they are doing at Heartwood Forest, near St Albans. This talk is linked to a visit to the forest on Wednesday 4 May to see the ancient woodland and bluebells.

Book now at cove@lalg.org.uk.

Cambridge Capers

We have several people willing to lead trips to Cambridge, but we are still looking for one or two people to coordinate a programme of trips.

This should take no more than one hour a week, if that.

Sadly, without volunteers, this previously popular group will close.

Acting Group Contact:

**Jackie Sayers; 07970 407635
capers@lalg.org.uk**

lalg.org.uk/capers

London Places

We are currently collecting ideas for places to visit in London once people feel happy to travel again.



Group Contacts:

**Elaine Fox/ Tony Kuczys
01462 735642;
London_Places@lalg.org.uk**

lalg.org.uk/London_Places

London Villages

Visit fascinating Clerkenwell, steeped in crime, Christianity and craft. Choose from:



**Wednesday 20 April,
Monday 25 April ,
Thursday 28 April,
Saturday 7 May,
Tuesday 17 May**

Catch the 9.51 from Letchworth, 9.56 from Hitchin to Farringdon.

Contact Sue Fisher on **sue.p.fisher@icloud.com** with preferred date plus a second choice including email and phone number.

Group Contact:

**Rosemary Read 01462 450494;
londonvillages@lalg.org.uk**

lalg.org.uk/londonvillages

Membership of LALG entitles everyone in your household to join as many groups and activities as they want, space permitting.

It also enables you to join in the free online events on this page.

Visiting Churches

Panacea Museum,
Bedford
Friday 8 April



The Panacea Society was a religious organisation with members around the globe. As well as expecting the end of the world, it was part of a wider religious movement concerned with prophecy and still has a sealed box of prophecies from the 18th century.

The community also believed it had discovered a cure for all illness (items breathed on by their leader), distributing it until 2012 when the last member died.

The Society is now a charity providing funds for research and the relief of poverty and sickness in the Bedford area.

We will have a guided tour of the community's home and Museum; see lalg.org.uk/panacea for details.

St. Mary's, Baldock Wednesday 18 May, 2.30pm

Dating from 11th Century, most of the building is now 13th-15th Century. Associated first with the Knights Templar then the Knights Hospitaller it has medieval furnishings and memorials. We will have a tour and talk: see lalg.org.uk/baldock for details.

Group Contact: Ann
visitingchurches@lalg.org.uk
lalg.org.uk/visitingchurches

Local Discounts

For details of local businesses offering discounts to LALG members, turn to page 20 or visit www.lalg.org.uk/discounts

Annual Quiz

Saturday 23 April,
7pm for 7.30pm

The Settlement,
Nevells Road
SG6 4UB



Our annual quiz returns in person!

This light-hearted general knowledge quiz will be hosted by Ann and Andrew.

Tickets are available at lalg.org.uk/AprilQuiz, £36 per team of 6.

If you want to come on your own, or as a pair, then email SocialTeam@lalg.org.uk and we will make up a team for you.

Bring your own drink and glasses, plus snacks to eat in the interval if you wish.

Organised by LALG's Social Team.

Ticket money will be refunded if the event is cancelled for any reason.

SocialTeam@lalg.org.uk

Train Buddies

Thursday 7 April, 11am

Broadway Hotel,
Letchworth



We have now begun our programme of days out to popular destinations by train for 2022 which can be viewed on the website.

At this meeting we will discuss our second trip of the year - Kew Gardens on Thursday 26 May.

Group Contact:
Geoff Morse 07714 503671;
trainbuddies@lalg.org.uk
lalg.org.uk/trainbuddies

New Ideas

If you are interested in any of the following ideas, please email

newideas@lalg.org.uk

Or leave your contact details at David's Bookshop, Eastcheap.

New Ideas Survey

Thank you to the more than 80 people who responded to our recent survey. You have helped us to see what groups and activities are wanted by members.

This is very exciting as new ideas help LALG to thrive. Now we need lots of people to help us with turning these ideas into action.

You don't need any special skills, just an interest in helping people get together for a shared interest.

Your input could be as little as an hour each month, and there is plenty of support.

So please do get in touch.

Jackie Sayers 07970 407635

newideas@lalg.org.uk

Architecture

Surely this garden city, of all places, should have a thriving architecture group, looking at the old and new of Letchworth and beyond.

We have had some good ideas for future activities but still need help to get the group going.

William Armitage 01462 643537

newideas@lalg.org.uk

Geocache Group

Geocaching is an outdoor activity where participants use GPS or another navigational technique to hide and seek containers. These are called "geocaches" or "caches" and they are hidden at specific locations marked by coordinates, all over the world.

Email below to record interest as soon as possible.

newideas@lalg.org.uk

Meet for Coffee 4 at Baldock

We have many members in Baldock. We would like to give Baldock members and their friends the chance to meet up socially in this group, to be run on similar lines to the other coffee groups. To get it started we need six people. Please contact William if you might like to join the group, along with your preferred day of the week and time.

William Armitage 01462 643537

newideas@lalg.org.uk

Microscopy

(things seen with a microscope)

Exploring and photographing an unseen world revealed by the microscope.

Seven members are interested in starting up this group and will meet soon to plan a way forward.

If this would interest you, please get in touch:

Stephen Parker 01462 686828

newideas@lalg.org.uk

We are hoping for some of these New Ideas to become new groups.

As soon as they do, they will appear in the relevant section of the newsletter with a 'NEW' icon like this:

newideas@lalg.org.uk



Do you have an idea for a new group?

Any member of LALG is welcome to start a new group on any subject provided it is within the spirit of LALG.



The Group Support Team will help to get things started and provide advice and support until it becomes self-sufficient.

And we are always looking for more people willing to help groups to become established.

Please get in touch with one of us if you could help, or if your group needs our help.

Please ring one of the team:

Steve Green 07710 542803

Jackie Sayers 07970 407635

William Armitage 01462 643537

Or you can email us at:

groupsupport@lalg.org.uk

Pilates

Around 20 people have expressed an interest in this popular form of mind-body exercise. So we are now looking for a qualified instructor and a venue. More details in the next newsletter.

Pickleball

Pickleball is a fun sport that combines elements of badminton, tennis, and table tennis.

Played both indoors or outdoors on a badminton-sized court. Two or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball, over a net.

Contact Steve if you are interested.

Acting Group Contact:

Steve Green

07710 542803;

tosh1966@hotmail.com

Quick Reads Book Club

We are going to contact the members who have expressed an interest in this idea, to see if we can set up a group. More details in the next newsletter.

newideas@lalg.org.uk

Swimming at Letchworth's Outdoor Pool

We are very lucky to have an outdoor pool at Norton Common in Letchworth. The pool will re-open soon.

We would like to start a regular early morning swimming group for LALG members at 8am or earlier.

If interested please contact William with your preferred starting time.

William Armitage 01462 643537

newideas@lalg.org.uk

Meet a member

Andrew and Yuko Gordon

The Gordon family joined LALG in 2012 when they moved here from Cambridge.



Yuko explains:



We loved living in Cambridge but when Andrew retired we were interested in moving somewhere new and different.

We hadn't considered Letchworth until one day I brought my daughter here for a tennis tournament at the tennis club in Muddy Lane. I got lost on the way and drove around a few streets and I was impressed by the uniqueness of the place. The lovely houses and cosy atmosphere caught my eye.

Since moving here the children have moved out to homes of their own and we have more time for ourselves.

We have enjoyed LALG's short tennis and social cycling groups for many years. We also loved the London Walks.

I once organised a Japanese speaking group for LALG but all the responses were from people seeking a language class and barely spoke the language. I also do volunteer work at Garden House Hospice.

We enjoy our life in Letchworth in the way we hoped. The best aspect is that we can go to everywhere on foot: cinema, restaurants, shops, cafes, GP surgeries, dentist and even to the train station. We have met many new friends and lovely neighbours. The Greenway and Norton Common are perfect for running and dog-walking.



Advertisement

Get Painting

We meet at The Settlement, Letchworth SG6 4UB each Wednesday morning 9.30am – 12.30pm to paint in watercolours, acrylic or oil paints.

All welcome, from beginners to masters. Paint, chat and discuss each other's work and a nice tea break to boot!

Contact:

Tony Faulkner 07414 780177;
antonio@live.co.uk



Saturday 28 May – Sunday 26 June

This year's Festival period includes half term and the long Platinum Jubilee weekend in early June.

Everybody in the town will be invited to take part in the events all over the town and the Greenway.

All LALG groups are invited to take part. If your group would like to do something, contact Emma at eventsorganiser@lalg.org.uk.

Already booked are the Moon Walk on Tuesday 14 June (Strawberry Moon), the Longest Day Walk on Tuesday 21 June, There will be a breakfast walk around Walkern and a Greensand walk challenge of 40 miles in a day.

For more information about the Festival walks, contact:
armitagewilliam@hotmail.co.uk.

Full details of all walks will be in the May Newsletter.

groupsupport@lalg.org.uk

Arts and Books

Art Appreciation

We have been looking at the work of American artists.



We are taking turns to choose and research an artist and then tell the rest of the group about him or her. We also hope to visit exhibitions in 2022.

If you would like to join us, or want more information, please get in touch:

Group Contact: Anne Clarke
artappreciation@lalg.org.uk

lalg.org.uk/artappreciation

British History Reading Group

Thursday 21 April,
7.30pm
Broadway Hotel Bar



Our topic is *Seasons in the Sun* by Dominic Sandbrook (deferred from our March meeting). Further details will be on the website.

Group Contact:
Don Dowling 01462 678934;
britishhistory@lalg.org.uk

lalg.org.uk/britishhistory

Membership of LALG entitles everyone in your household to join as many groups and activities as they want, space permitting.

It also enables you to join in the free COVE events on page 4.

Children's Books

Tuesday 19 April,
7.30pm

Tom's Midnight Garden by Philippa Pearce.



We enjoy reading classic and current books aimed at children, from picture books to teen fiction.

We discuss the content, writing style and format and its relevance to the period it was written in.

For venue details, please get in touch:

Group Contact: Jane Faulkner
childrensbooks@lalg.org.uk

lalg.org.uk/childrensbooks

To nominate yourself or anyone else to appear in the Meet a Member column, please email
newsletter@lalg.org.uk

Crime and Murder Mystery Book Group

Monday 25 April,
7.30pm



The Orchard Restaurant,
Letchworth Sports and Tennis Club,
Muddy Lane, SG6 3TB

The Spy Who Came in from the Cold by John le Carré

Sorry, we are currently full, but please contact us to go on the waiting list.

Group Contact:
Jenny Gosling 01462 895878;
crimebookgroup@lalg.org.uk

lalg.org.uk/crimebookgroup

FULL

Daytime Book Group



Monday 11 April, 2pm

The Orchard Restaurant,
Letchworth Sports and Tennis Club,
Muddy Lane SG6 3TB

Watermelon by Marian Keyes

Please see our webpage for details of
books we have read since 2013.

Group Contact:

Hazel Irwin 01462 730498;
daytimebook@lalg.org.uk

lalg.org.uk/daytimebook

Immersive Theatre



We travel down to
London occasionally to
see the latest immersive theatre
shows.

See our webpage for more details.

Group Contact: *Andy Smith*
immersivetheatre@lalg.org.uk

lalg.org.uk/immersivetheatre

Fairfield Book Group

Thursday 7 April, 7.30pm
Hamnet by Maggie O'Farrell



Thursday 5 May, 7.30pm
The Hunting Party by Lucy Foley

Fairfield Bowls Club,
Kingsley Avenue, SG5 4GY

£2 per month covers hire costs of
venue and books.

Refreshments available from
7.15pm.

Group Contact:

Elaine Fox 01462 735642;
fairfieldbookgroup@lalg.org.uk

lalg.org.uk/fairfieldbookgroup

Film Appreciation (Discussion Group)



Monday 4 April, 8pm
at Peter's house.

We will discuss *Boiling Point* (2021)
dir. Philip Barantini.

Currently available on Amazon Prime
Video, BFI Player and Curzon Home
Cinema.

Group Contact:

Peter Griffiths 01462 671679;
filmappreciation@lalg.org.uk

lalg.org.uk/filmappreciation

Monday Painting Group



Mondays 9am to 12 noon

Letchworth Corner Sports Club,
Whitethorn Lane SG6 2DN

The cost of the room is shared by the
group.

Each term we choose a selection of
subjects to paint. If you are
interested, you are welcome to try it
for £5 per session.

Group Contact:

Valerie Williams 01462 624439
mondaypainting@lalg.org.uk

lalg.org.uk/mondaypainting

Play Reading 2



Broadway Hotel Bar

Please get in touch if
you would like to go on our waiting
list:

Acting Group Contact:

Jackie Sayers 07970 407635;
playreading2@lalg.org.uk

lalg.org.uk/playreading2

Opera and Ballet Group

Letchworth Settlement,
Nevels Road, SG6 4UB



Tuesday 26 April, 7.15pm

Alina An evening featuring the wonderful ballerina Alina Cojocaru.

We shall treat ourselves watching her dance Act 1 of *Giselle* and as Aurora in extracts from *The Sleeping Beauty*.

Information about *Alina*, and about what we shall be watching, will be circulated in advance to all on the Group mailing list.

Again, don't miss

Group Contact:

John Cox 01438 241043;
operagroup@lalg.org.uk

lalg.org.uk/operagroup

Play Reading 1

Monday 25 April,
1.30pm - 4.30pm



The Deep Blue Sea by
Terrence Rattigan

NOTE Day and Date Change

We meet at Ann's house this month.

We are currently full but spaces do become available from time to time. So you are welcome to contact Ann if you wish to go on our waiting list.

Group Contact:

Ann Gibson 01462 680995;
playreading1@lalg.org.uk

Full

lalg.org.uk/playreading1

Group Contacts: looking for a policy, a form or guidance on something?

Visit lalg.org.uk/guidance

Poetry in the Afternoon

We meet at our homes to discuss a themed poem.



Regrettably we cannot accept new members for the time being, but please get in touch to go on our waiting list.

Group Contact:

Mike Mannion 01462 674580;
poetryafternoon@lalg.org.uk

lalg.org.uk/poetryafternoon

Full

Poetry for Pleasure

If you would like to join our waiting list, please get in touch.



Group Contact:

Diane Maybank 01462 459505;
poetry@lalg.org.uk

lalg.org.uk/poetry

Full

Readers' Group

Thursday 28 April,
7.45 for 8pm

From a Low and Quiet Sea
by Donal Ryan



Thursday 26 May, 7.45 for 8pm

The Salt Path by Raynor Winn

Mrs Howard Memorial Hall, Norton Way South SG6 1NX

The group is now full, but do get in touch to be added to our waiting list. There is a charge to cover room hire and library fees (for the books).

Group Contact:

Megan Stacey 01462 683074;
readersgroup@lalg.org.uk

lalg.org.uk/readersgroup

Full

Science Book Group

**Wednesday 18 May,
7.30pm**

*Feeling and Knowing:
Making Minds Conscious* by Antonio Damasio



Many people say it's not possible to understand human consciousness. However, Damasio, a leading neuroscientist, believes that recent discoveries in disciplines including psychology, neuroscience and AI give us the ability to do this. He explains what it is to be conscious and how it differs from sensing, and why feeling and the nervous system are important in its development.

We will discuss this book and related topics. All LALG members are welcome and there is no charge. We expect to meet in The Orchard Café, Letchworth Sports and Tennis Club, Muddy Lane SG6 3TB; however, if you are not on our email list then check with Ann a few days before.

Contact: Ann

sciencebookgroup@lalg.org.uk

lalg.org.uk/sciencebookgroup

Shakespeare Study Group

**Wednesday 6 April,
10.30am-12.30pm**

Broadway Hotel bar



We are a friendly informal group who are interested in learning more about the works of William Shakespeare.

Each month we choose a certain play to read and discuss and we meet on the first Wednesday of every month.

Group Contact:

Lorraine Gregory 07708 580308;

shakespeare@lalg.org.uk

lalg.org.uk/shakespeare

Writers Group

First Tuesday of each month, 7.30-9.30pm



We are a friendly and varied group. We write 2 or 3 pages in advance, inspired by a specific topic or genre.

We then share our work (optional) before the meeting and discuss it on the night. Newcomers very welcome.

Group Contact: Diana Newson
writersgroup@lalg.org.uk

lalg.org.uk/writersgroup

Crafts & Gardening

Art and Craft Workshop



Members of this group share skills and ideas on a variety of themes according to members' interests.

This could be painting, sketching, bead- or pebble-art, card-making, framing and whatever else members want.

For details of time and location please get in touch:

Group Contact:
Robin Ghisi
01462 482400



artworkshop@lalg.org.uk

lalg.org.uk/artworkshop

Send us more photos!

But first, please make sure you have the permission of everyone pictured.

Clock Group

Wednesday evenings

Mrs Howard Memorial Hall,
Norton Way South
SG6 1NX



We service and repair clocks under our tutor Richard Edwards.

Sessions begin with a short presentation on theory, followed by practical work on members' clocks.

We welcome both previous members and beginners; no experience is necessary and only a few basic tools will get you started.

Richard will contact members nearer the meeting. Prospective members who contacted him during lockdown are on the mailing list, but it will do no harm to send him a reminder.

Group Contact:

Richard Edwards 01462 683030;
clockgroup@lalg.org.uk

lalg.org.uk/clockgroup

Flower Arranging

**Mondays every 2 weeks
2-4pm**



The Cloisters,
Letchworth SG6 3TH

We are a very enthusiastic group who enjoy making pretty arrangements.

Our skills vary from complete novices to almost professional.

The group can now accept new members, so if you are interested, please get in touch:

Group Contact:
Angie Lockyer 01462 893441;
flowerarranging@lalg.org.uk

lalg.org.uk/flowerarranging

Gardens For All

Thursday 28 April



We are planning to go by train to Camley Nature Reserve near Kings Cross station. For further information please contact Susan Mellor.

New members are always very welcome to join this friendly group. You don't need a garden to belong.

Group Contact:

Susan Mellor 01462 456486;
gardensforall@lalg.org.uk

lalg.org.uk/gardensforall

Gardening Tea and Tips 1



We are enthusiastic gardeners who visit each other's gardens to share expertise and swap plants, whilst also enjoying coffee and cake.

Group Contact:

Annie Hankin 01462 685511;
gardeningTT1@lalg.org.uk

lalg.org.uk/GardeningTT1

Full

Gardening Tea and Tips 2



**Friday 22 April, 2pm
at Debbie's.**

We take turns to host meetings, view the gardens, swap plants, information and ideas, followed by refreshments.

Group Contact: Angela Ellis
gardeningTT2@lalg.org.uk

lalg.org.uk/GardeningTT2

Full

Crafts & Gardening cont.

Gardening Tea and Tips 3

This new group is now meeting each month. We visit each other's gardens, swap plants, information and ideas, and enjoy some refreshments

We are a friendly group and would welcome more members. If you would like to come along, please get in touch:

Acting Group Contact:
Jackie Sayers
gardeningTT3@lalg.org.uk
lalg.org.uk/GardeningTT3



Knitting Group

For information about our meetings, please contact:

Group Contact:
Annie Hankin 01462 685511;
knittinggroup@lalg.org.uk
lalg.org.uk/knittinggroup



Full

Patchwork Group

Orchard Café, Sports & Tennis Club, Muddy Lane SG6 3TB



For more information about our group please get in touch.

Group Contact:
Zena Truscott 01462 627253;
patchwork@lalg.org.uk
lalg.org.uk/patchwork

Full

For a calendar of LALG events, see
lalg.org.uk/calendar

Photography Out and About

We are a small group of hobby photographers.



Our monthly photoshoots are held on the second Monday morning. We review some of our photos on the fourth Monday afternoon at a local hall to share ideas and knowledge. Members take it in turns to organise outings and the review.

The group is currently full. If you would like to be added to our waiting list please get in touch.

Group Contact:
Pat Rumpus 01438 557529;
poa@lalg.org.uk
lalg.org.uk/poa

Full

Playing the Recorder for Fun

Wednesdays, 10-11.30am



We enjoy making music together and having a chat afterwards. Some experience of recorder playing and/or reading music would be useful.

Group Contact:
Rayna West 07415 169511;
recorder@lalg.org.uk
lalg.org.uk/recorder



Sewing Group

First Friday of every month at 10am

Our skills and interests are varied, but we all love creating useful and/or beautiful things.

We help each other with ideas and practical advice. All welcome.

Group Contact:
Alison Butler 07941 631314;
sewing@lalg.org.uk
lalg.org.uk/sewing

Sketching in the English Countryside

**Friday 29 April,
10.30am**

Graveley Village SG4 7LT

Meet by the pond behind the Waggon and Horses. Parking in roads nearby. All welcome, just bring your drawing paper, pencils and a chair if you enjoy sketching outside or would like to have a go.

Group Contact: *Celia Lord
01462 623589 or 07964 373131;
sketchingcountryside@lalg.org.uk*
lalg.org.uk/sketchingcountryside



Textiles Group

We share ideas regarding all elements of textiles and we meet at one of our members' homes.



The group is currently full but please contact Linda if you would like to be added to our waiting list.

Group Contact:
*Linda Carson 07990 748583;
textiles@lalg.org.uk*

lalg.org.uk/textiles

Full

Wild Flowers



We plan to visit Ivel Springs in late March/early April (leader Chris Jones), and Knocking Hoe in late April for the pasque flowers.

Our preferred times are Wednesday and Thursday afternoons. Members will be given exact details nearer the date, by email.

Group Contact:
*Sheila Rhodes 01462 678911;
wildflowers@lalg.org.uk*

lalg.org.uk/wildflowers

Full

Textile Interest Group

**Thursday 28 April,
11am to 12.30pm**



This group meets on a monthly basis for craft or textile-related activities.

At this month's meeting the workshop will be all about rag rug weaving.

The meetings, which include all materials and equipment as well as refreshments, are £4 per person.

New members always welcome.

Please email to book your place in advance.

Group Contact:
*Amy Wilson 07917 542405;
textileinterest@lalg.org.uk*

lalg.org.uk/textileinterest

Ukulele Group



Main group, now 26 strong.

Thursdays, 1-3pm
St Thomas' Church Hall,
Bedford Road,
SG6 4DU

Beginners group just started.
Thursdays 12 to 12.45pm, same venue. No experience required.

Improvers group
Wednesdays 1.30pm
Broadway Gallery (above Wetherspoons), Leys Avenue.

Group Contact:
*David Flower 01462 683939; or
07804 158463
ukulele@lalg.org.uk*

lalg.org.uk/ukulele

LALG's 35th Anniversary

The Letchworth Festival is back for 2022. It will start with celebrations to mark the Queen's Jubilee and continue through most of the month of June. Events will mainly take place at weekends and LALG will be celebrating its anniversary on Saturday 11 June. We want this to be a fun event where we can all enjoy ourselves, especially after the challenges of the last couple of years.

The committee will be organising two major activities to bring people into the town and there will be a stall selling LALG membership and illustrating the range of activities we undertake. But we hope individual groups will also get involved to showcase the variety of groups we encompass.

For example we could:

- Have a demonstration stall where groups can put their activities on display: cake baking, cocktail mixing, flower arranging all come to mind.
- Hire an indoor space and play a variety of card games during the day, inviting new people to join in.
- Organise a walking day so that our various groups can tackle a distance they feel comfortable with but get together at the end.
- Run a book swap – or a plant swap.
- Play old fashioned non-electronic games such as shove halfpenny, coconut shy. We can hire the games but we would need people to be in charge on the day.
- Have a crossword trail around the town, visiting our discount suppliers for clues.
- And of course, a cake cutting when we can all get together and raise a toast.

Emma Rowe who you will have seen from last month's newsletter has recently joined us as chief organiser with help from the committee, but it can only happen if people are willing to participate by helping to run some of the events. Or do preparatory work such as sewing bunting.

We think LALG is a good news story for the town and we would like to share that and build our membership so we can continue for another 35 years!

There will be other events to mark the anniversary of course, our annual 'in person' quiz returns on April (see page 5 for details). We are organising a trip to Heartwood Forest in May to view the bluebells in its ancient woodland.

And there will be other events throughout the year – look out for them!

Contact Emma at
eventsorganiser@lalg.org.uk

Committee News



The next Committee meeting is on
Monday 25 April.

If there is anything you would like the Committee to discuss, please contact the Secretary:

Marian Adams: 01462 683898;
secretary@lalg.org.uk

Approved minutes of past meetings and details of future meetings are at:

lalg.org.uk/committeemeetings

Food and Drink

Breakfast Club

Tuesday 5 April, 10am

Norton Café,
Bickerdikes Garden
Centre,
Norton Road, Norton,
SG6 1AG



Norton Café is a popular feature at Bickerdikes.

Leave time to have a look around the Garden Centre and landscaped gardens.

Please contact Malcolm beforehand as some venues can only take a limited number of people.

Group Contact:

*Malcolm King 01462 677329;
breakfast@lalg.org.uk*

lalg.org.uk/breakfast

Baking Group – Evenings

Thursday 5 May, 7.30pm



David's Bookshop,
Eastcheap, Letchworth SG6 3DE

Theme: No Bake - something that hasn't been baked in the oven.

Bring your own creations to share and discuss.

If possible, please bring copies of your recipes to pass around. Details of previously shared recipes can be found at lalg.org.uk/baking

Next meeting and theme: TBC

All welcome. If you are planning to come, please contact:

**Group Contact: Emma
baking@lalg.org.uk**

lalg.org.uk/baking



Firkin Club

**Thursday 7 April,
8pm**



Garden City Brewery
The Wynd, Letchworth, SG6 3EN

Where we are promised a good selection of real ales including those made on the premises in the heart of the garden city.

We meet monthly to sample real ales and to put world affairs into a personal perspective, viewed through a pint glass.

New members welcome.

Group Contact:

*Grant Cameron 01462 679569;
firkinclub@lalg.org.uk*

lalg.org.uk/firkinclub

Food and Cookery



Please contact Keith to go on our waiting list.

Group Contact:

*Keith 07917 446044;
foodcookery@lalg.org.uk*

lalg.org.uk/foodcookery

Full

Lunch Club

**Monday
11 April, 12.30pm**



Bickerdikes Garden Centre, Norton Road, Norton, SG6 1AG

We are a small, friendly group open to everyone. We need to book in advance so please contact Sheila by Friday 8 April if you are planning to come along.

Group Contact:

*Sheila George 07807 827490;
lunchclub@lalg.org.uk*

lalg.org.uk/lunchclub

Food and Drink cont.

Making Cocktails

At our planning meeting last month we decided to meet every other month using each other's houses and sharing the costs of the ingredients. We may have room for one or two more.

Contact: **Claire Brett,**
claire.brett@btinternet.com
cocktails@lalg.org.uk
lalg.org.uk/cocktails



Malt Whisky Appreciation

Friday 20 May, 7pm

Slainte Mhath!



Over 100 whiskies tasted so far!

If you are interested in sampling, comparing and enjoying fine malt whisky come along to this meeting when fine examples will be presented for members' pleasure.

For the venue and format please contact

Group Contact:
Grant Cameron 01462 679569;
maltwhisky@lalg.org.uk

www.lalg.org.uk/maltwhisky

Please don't be offended if your Group Contact asks to see your LALG membership card.

We recommend that Group Contacts do this at least annually.

Supper Club

Tuesday 24 May,
Meet 7pm for 7.30pm



The Bull, Bull Lane,
Cottered SG9 9QP

A welcome return to one of our most popular venues.

We will have a 3-course meal with tea/coffee at this charming village location.

For menu and to book please call or email Linda.

Group Contact:
Linda King 01462 677329;
supperclub@lalg.org.uk

lalg.org.uk/supperclub

Vegetarian and Vegan Group

7pm



Vutie Beets,
The Wynd,
Letchworth SG6 3EN

The group meets on the third Tuesday every month.

The meetings agenda changes monthly, examples include cooking demonstrations, talks, quizzes and meals.

An email will be sent to members with all the details nearer the time. If you are interested in attending please email the group contact below.

hello@vutiebeets.co.uk

Group Contact: **Lara Mitchell**
vegetarianandvegan@lalg.org.uk

lalg.org.uk/vegetarianandvegan

Wine Appreciation Group

Friday 1 April, 7.30pm
Note new time



Wines from Southern Rhone, presented by George Barnes and promises to be a wonderful evening. If you are interested in joining you are very welcome and please contact:

Group Contacts:

Tony Mansey 07770 541207;
George Barnes 01462 673710;
wineappreciation@lalg.org.uk

lalg.org.uk/wineappreciation

Wine Discovery

Please get in touch for details of our next meeting:

Group Contacts:

Moira and Nigel Rigby
winediscovery@lalg.org.uk
lalg.org.uk/winediscovery



Full

Wine Group 3

Tuesday 19 April, 7.30pm



Mrs Howard Memorial Hall,
Norton Way South SG6 1NX

This month's meeting will be hosted by Clive and Susan who are calling their presentation "Easter Parade" with a selection of wines ideal to savour at this time of year.

We enjoy trying different wines in a friendly atmosphere. Please email if you are interested in joining us.

Group Contacts:

Teresa Baker 07947 008242;
Martin Davies 07833 290126;
winegroup3@lalg.org.uk

lalg.org.uk/winegroup3

General Groups

Action for Happiness

A movement for positive social change using activities to improve wellbeing, such as mindfulness, gratitude diaries, identifying personal strengths, being near nature etc.



Group Contact:

Chris West 07932 195463;
actionforhappiness@lalg.org.uk
lalg.org.uk/actionforhappiness

All Things Feathered Poultry Society



Calling all keepers of poultry and waterfowl!

We meet every two months and you will be very welcome to join us. You will meet some delightful hens and fellow keepers.

Group Contact:

Claire Bunyan 07788 153500;
chickens@lalg.org.uk

lalg.org.uk/chickens

All Things Military

Thursday 14 April,
7.30pm



The Underwood Room,
Mrs Howard Memorial Hall,
Norton Way South SG6 1NX

WW1—Beyond the Grave
a talk by Paul Johnson from Herts at War.

£3 each to cover the cost of room hire and refreshments.

Group Contacts:

Veronica Tomkins 01462 671402;
allthingsmilitary@lalg.org.uk

lalg.org.uk/allthingsmilitary

BUSINESSES OFFERING DISCOUNTS TO LALG MEMBERS

A M Optometrists	29 Leys Avenue	486123	10% off complete glasses
Agent Brains Escape Games	26 Leys Avenue	539763	10% off all off-peak game bookings
Alexander Lewis Estates	9 Arena Parade	510881	20% off fee for sales
Bamboo Turtle, the zero waste shop	12-14 The Arcade	07880 986635	10% off household liquids
Beautiful Bathrooms	53 Leys Avenue	484477	10% off bathroom products
Cooks Boutique	22 Leys Avenue	01708 691322	10% off purchases over £10
Countryside Ski and Climb	118-120 High Street, Stevenage	01438 353086	10% off full price items only
David Stern Optician	10 Arena Parade	683045	10% excluding eye test
David's Bookshop	12-14 Eastcheap	684631	10% over £5, some exceptions
David's Music	12 Eastcheap	475900	10% over £5, some exceptions
Eric T Moore Books	14 Cherry Trees, Lower Stondon	450497	10% on stock items (not special order) and orders must be placed by phone or email
Fairhaven Wholefoods	Unit 27 Jubilee Trade Centre, Jubilee Rd	675300	5% off all products - in store only
Garden City Crafts	5 The Wynd	686869	10% off craft materials
Garden City Florist	6 Arena Parade	685370	10% except Interflora
Icas-Vilas Fine Art	8-10 Leys Ave	677455	10% framing only
Isabelle Estates	45 Station Road	487877	10% off sales fees
Jewellery Box	1 The Arcade	675707	10% off everything except watches
Joules etc. Gifts	3 The Wynd	07415 281930	10% off sales over £10
Just for me	30 Leys Ave	676688	15%
Letchworth Aquatics	66 Leys Avenue	337326	10% off livestock
Letchworth Centre For Healthy Living	Hitchin Road	678804	10% off café and many treatments 5% off many classes, 15% off room hire. Phone for details.
Letchworth Pharmacy	One Garden City, Broadway	685915	10% non-medical
Martins Furniture	62-64 Leys Avenue & Commerce Way	351610	10% discount off furniture, 5% off carpets and flooring
Max Spielmann	36 Broadway	672264	10%

Unless specified otherwise, the town is Letchworth and the phone code is 01462.
For the latest details, see www.lalg.org.uk/discounts

BUSINESSES OFFERING DISCOUNTS TO LALG MEMBERS

Miss Green Fingers	2-4 Eastcheap	337970	10% off café items
Mobility World Ltd	Birds Hill	708830	£50 off Riser Recliner Chairs, 10% off smaller items
Nanny Julie's Children's Hairdresser	8 The Arcade	337805	10%
North Herts Chiropody	46 Leys Avenue	684358	10% off full treatments
On Your Travels		677111	Discounts on tours and cruises
Pampered Pets	9 The Arcade	07432 440104	25% off a full groom
Past and Present	47 Leys Avenue	485117	5%
Professional Dry Cleaners	25 Eastcheap	682571	10% dry cleaning on site only
Prontaprint	59 Leys Avenue	674674	10%
Redfin Models	1 Whitehorse Street, Baldock	619543	5% off all kits
Revive the Beauty Salon	4 The Wynd	674888	10%
Shades Of Gray	38 Broadway	686578	10% for over 60s
System Restore UK	2 The Wynd	339101	10% off all labour
T Brooker	Unit 7 Bilton Rd, Hitchin	434501	Trade discount where applicable
The Cakey Lady HQ	16 The Wynd	337980	20% off 2 or more cakes
The Chai Room	30A Leys Avenue	338200 or 07539 222236	10% discount
The Letchworth Clinic	17 Station Road	670900	10% podiatry Mon-Fri
The Little Ironing Shop	23 The Wynd	671760 or 07976 966284	10%
The Orchard at Letchworth Sports and Tennis Club	Muddy Lane	835525	10% discount on all food and non-alcoholic beverages
The Secret Wardrobe	1 The Wynd	07921 869771	5% off scented products, 10% off all other items
The Shoe Box	45 Leys Avenue	683190	10% off all shoe repairs
The Uniform Monkeys	6 The Arcade	07828 148179	10% off first order
Tom Badstevener Gas Safe Engineer	44 Maltings Close, Baldock	07970 958483	10% off labour
Vutie Beets vegan café	24/25 the Wynd	337930	10% off all sales
Walkwel Clinic	13 Eastcheap	682526	5% off non-sale footwear only, in shops in Letchworth and Stevenage.

You will be asked for proof of your LALG membership. To suggest a new discount supplier, please contact the LALG Secretary at secretary@lalg.org.uk

General Groups cont.

All Things Scottish

To sustain the group we would like a wee bit more interest. We are sure there are some in LALG with a tale to tell about life in the Highlands and maybe coming down south etc. We are also interested in finding speakers on the history of Scotland, Scottish food and holidays in Scotland. Please get in touch if you are that person.

Group Contact:

Joyce Henderson

01462 420342;

scottish@lalg.org.uk

lalg.org.uk/scottish



Ancient Egypt Study Group



We are interested in all aspects of Ancient Egypt.

We meet on the third Thursday of the month. If you are interested in Egyptology, please get in touch.

Group Contact:

Oliver Webb 07929 058696;

ancientegypt@lalg.org.uk

lalg.org.uk/ancientegypt



Asia and Beyond

We discussed *Food from Asia* at our last meeting.

For news of the May meeting, or to join the group contact Aman by email below.

Group Contact: Aman Dhillon
asiaandbeyond@lalg.org.uk

lalg.org.uk/asiaandbeyond

Black Squirrel Investment Club



After 21 years of superb analysis and uncanny intuition we remain competitive with the FTSE 100!!

Meetings are on the fourth Tuesday of the month.

For more information, please get in touch.

Group Contact:

Graham Pointon 01462 670004;
investmentclub@lalg.org.uk

lalg.org.uk/investmentclub

Blitz an Open Space



Baldock

Wednesdays 6 April

and 4 May

Sundays 24 April and 29 May

Letchworth

Saturdays 16 April and 14 May

Thursdays 21 April and 19 May

Venues will be advised nearer the time.

Brian has a medical procedure programmed for April, and hopes that one of the team will take over during his recuperation.

He would appreciate it if any LALG member can advise him of areas that need attention.

Volunteers are always welcome to join; please send your details to:

Group Contact:
Brian Noble 01462 490906;
or 07773 671487 (text)
litter@lalg.org.uk

lalg.uk.org/litter

Computer Users

Friday 1 April, 6 May, 10 June, 2pm - 4pm

Premier Inn café, Station Road, Letchworth

This is a self-help group for nonexperts who, through their own experiences, try to solve computer issues raised by other members of the group.

Drop in for help with any computer related problems over a coffee.

All levels of expertise welcome.

Limited spaces available.

Group Contact: *Graham Taylor*
usingcomputers@lalg.org.uk

lalg.org.uk/usingcomputers

This is not a computer support line



Decluttering Group

Tuesday 26 April, 4pm

Broadway Hotel bar

Are you thinking of having a clear-out and need some moral support?

Or perhaps you are looking for tips on how to sell or recycle your 'treasure'.

This friendly new group could be what you are looking for.

Acting Group Contact:

Jackie Sayers 07970 407635
decluttering@lalg.org.uk

lalg.org.uk/decluttering

Countryside, Nature, Farming and Wildlife

Tuesday 12 April, 10.30am

Standalone Farm café, Wilbury Road, Letchworth

A discussion on how to make the Greenway even better. For example, we can discuss improved signage including routes out of the Greenway to the town centre and beyond, wheelchair access, coffee stops, toilets, integrating competing demands of running, walking, cycling, farming and nature. We might each take a section noting any potential improvements. If possible please let William know if you intend to come.

William Armitage 01462 643537;
countryside@lalg.org.uk

lalg.org.uk/countryside



Europe and Beyond

Monday 11 April, 7.30pm

The Brunt Room,
Letchworth Settlement,
Nevells Road SG6 4UB

**Palestine Trauma Centre UK:
Offering Trauma Care in Gaza**

Speakers:

Mohamed Altawil, founder,
David Harrold, Trustee, of the
Palestine Trauma Centre in Gaza

LALG members £3, non-members £4
All welcome!

Group Contact:
Mandy Baldwin 07515 823735;
europeandbeyond@lalg.org.uk

lalg.co.uk/europeandbeyond

To advertise in the next newsletter
see lalg.org.uk/advertise

General Groups cont.

Geology

The group had a well-attended first meeting in February and was followed in March with a talk by a member entitled *What is Geology?*. For future activities please contact William, the temporary co-ordinator.



William Armitage

01462 643537

geology@lalg.org.uk

lalg.org.uk/geology



Ireland and the Irish Language

Wednesday 13 April,
10.30am



The Gallery, Leys Avenue (above Wetherspoons)

The group will be discussing any book you have read by William Trevor or John McGahern. Please let William know if you intend to come. To ensure this group continues, offers of help to William please.

William Armitage

01462 643537;

ireland@lalg.org.uk

lalg.org.uk/ireland



Quiz Team

Pub and charity quizzes are restarting – let Andrew know of any you'd like the team to go to.



Andrew will email regular quizzers; everyone else please check our webpage.

Group Contact: Andrew Dear
quizteam@lalg.org.uk

lalg.org.uk/quizteam

Letchworth Local History Research Group



Tuesday 19 April, 7.30pm

International Garden Cities Exhibition, 296 Norton Way South SG6 1SU

We have much to discuss – our road names project, the E A Howard Memorial Appeal, and how we can participate in this year's Letchworth Festival.

Group Contact:

Philippa Parker 01462 686828;

localhistory@lalg.org.uk

lalg.org.uk/localhistory

Meditation Group

Tuesdays, 7-9pm



Gently guide the mind to cultivating a quiet awareness and stillness that arises with taking your attention within.

This is a secular practice. Suitable for all levels; beginners welcome. Guided by Neelam Taneja.

Group Contact:

Sunil Vilas 01462 677455;

meditation@lalg.org.uk

lalg.org.uk/meditation

Philosophy for Non-Philosophers

Third Monday of the month, 7.30pm



Mrs Howard Memorial Hall, Norton Way South SG6 1NX

Please remember to bring any topics you would like us to discuss.

Group Contact:

Anne Sparrowhawk 07711 145736;

philosophy@lalg.org.uk

lalg.org.uk/philosophy

Social History

Social History may be 'the lived experiences of the past' or 'history with the politics left out' or 'history with the people put back in'.



We have sufficient interest to continue but we lack helpers. Last call for help.

Group Contact:

William Armitage 01462 643537;
socialhistory@lalg.org.uk

lalg.org.uk/socialhistory

Towards Carbon-Free Architecture

Last week in May,
7.30-9pm



The Brunt Room,
Letchworth Settlement,
Nevells Road SG6 4UB

We provide a space where homeowners, architects, developers and builders can learn and share experiences on reducing domestic carbon footprints (and energy bills!).

Let us know your ideas for meeting themes. Plus other effective ways of looking after our environment..

Please get in touch for more details:

Group Contact:

Julia Sonander 01462 601903;
architecture@lalg.org.uk

lalg.org.uk/architecture

To attend LALG groups you should be a member of LALG. But most groups will let you come a couple of times before you decide.

Transport and Industrial Heritage



We are in the process of re-forming with a programme of speakers, starting later in the Spring.

Suggestions for speakers and topics welcome.

To join the mailing list, get in touch:

Group Contacts:

Chris Snelling 07971 445281;
Robin Gale: 01462 671690;
transport@lalg.org.uk

lalg.org.uk/transport

Weather Report Group



Do you record local weather statistics? If so, you will be welcome to join our small group.

Please get in touch!

Group Contact:

Keith Taylor 01462 670749;
weather@lalg.org.uk

lalg.org.uk/weather

Wilding Group



Thursday 14 April,
7.30pm on Zoom

The Wilding Group is exploring the different ways that LALG members view the different aspects of the environment. We share information and hope that we inform each other about issues and contacts that are valuable to us all.

Group Contact:

Sue Lines 01462 485266
wilding@lalg.org.uk

lalg.org.uk/wilding



Social Groups

50+ Singles Drop-In

Friday evenings,
from 7.30pm



Orchard Restaurant and Bar,
Letchworth Sports and Tennis Club,
Muddy Lane SG6 3TB

We gather at tables in the bar, but
ring in advance if you would like Anne
to look out for you arriving.

It is a relaxed and informal way to
make new friends and maybe to
suggest an event that you would like
to attend so it can be added to our
calendar and others can go with you.

We also organise trips and events for
members to sign up to. For more
information, please do get in touch:

Group Contact:
Anne Sparrowhawk 07711 145736;
50plussingles1@lalg.org.uk
lalg.org.uk/50plussingles1

Full

Monthly Quizzes

The nights are getting
shorter and spring is in the
air! Our popular online
quizzes are taking a few months off
and will be back in the autumn when
the nights draw in again.



Thank you to all the Quiz Hosts for
setting such wide-ranging and
enjoyable quizzes this winter, and to
all you quizzers who made it
worthwhile. If you would like to Host
one of next winter's quizzes then do
get in touch – the technology is very
easy to use and full training and
support will be given.

See page 5 for our annual in-person
quiz on Saturday 23 April.

lalg.org.uk/MonthlyQuiz

Meet for Coffee 1

For meeting dates please
contact:



Group Contact:
Jill Sells 01462 684289;
coffee1@lalg.org.uk

lalg.org.uk/coffee1

Full

Meet for Coffee 2



We meet at Hitchin Garden
Centre, Cambridge Road,
Hitchin SG4 0JT.

We are not able to take any new
members at present.

For more details, please contact
Maureen.

Group Contact:
Maureen Huckle 01462 638099;
coffee2@lalg.org.uk

lalg.org.uk/coffee2

Full

Meet for Coffee 3



**Tuesdays and
Wednesdays, 10.30am**

Broadway Hotel bar

This is a really friendly group and we
always give a very warm welcome to
new members.

No need to book; just drop in on either
or both days.

If you use the Hotel car park, give your
vehicle registration at the bar for four
hours of free parking.

Acting Group Contact:
Jackie 07970 407635;
coffee3@lalg.org.uk

lalg.org.uk/coffee3

Social Groups cont.

Informal Lip Reading Group for Hearing Aid Users

Thursdays, 10.30am

We are a small group but really enjoy our time together. It is good to be back with friends after all the upheaval. More details on our web page.



Group Contact:

Veronica Jones 01462 451174;

lipreading@lalg.org.uk

lalg.org.uk/lipreading

FULL

Singing For Pleasure

Thursday 28 April,
7.30- 9.15pm



St. Thomas' Church Hall,
Bedford Road, Letchworth SG6 4DU

This informal group (not a choir) meets on the **last Thursday of each month**.

We sing a wide range of popular songs from our songbooks and Geoff and Sue accompany us on the keyboard.

There is a short interval, for socialising and refreshments.

Cost for LALG members: £2.50 per session, including refreshments.

Non-members are welcome to come along and try a couple of sessions before deciding whether to join LALG.

Group Contacts:

Amanda MacKnight 01438 750974;

Roger Smith 01462 624824;

Geoff Wright 01462 682642;

singingforpleasure@lalg.org.uk

lalg.org.uk/singingforpleasure

Language Groups

Conversation Française

Lundis soirs 19h30 à 21h30

par Zoom et en présentiel



Conversation française se poursuit les lundis soir par Zoom, mais avec des réunions en présentiel de temps en temps.

Si vous souhaitez participer, veuillez contacter:

Group Contact:

John Gregory 01462 674639;

french1@lalg.org.uk

lalg.org.uk/french1

Daytime French

Thursdays 31 March,

14 and 28 April, 2.30pm

12 Leys Avenue SG6 3EU



7 and 21 April, 2.30pm

Dimples café, Par 3 Golf Course, Willian Way SG6 2HJ or on Zoom.

Contact Sheila Rhodes for details.

Group Contacts:

Val Quieros and Sheila Rhodes

07787 512580;

daytimefrench@lalg.org.uk

lalg.org.uk/DaytimeFrench

Dutch Conversation

Once a month on
Wednesday mornings



Come and share your thoughts on the arts, politics, weather, travel, sports, gardening or anything else of interest.

Join our small group of (more or less) Dutch speakers.

Group Contact:

Corrie Swain 01462 742542;

dutch@lalg.org.uk

lalg.org.uk/dutch

German Group 1

Tuesday evenings

via Zoom

Everyday conversation with an opportunity for items of special interest.

You are welcome to join us - just contact us for Zoom details.

Group Contact:

Martin Sproat 01438 226044;
german1@lalg.org.uk

lalg.org.uk/german1



German Daytime

Wednesdays, 2pm

This group meets via Zoom, or when possible, in each other's homes or a local café.



Hosting is not essential for anyone wishing to join this group. People on our email list receive a weekly update.

This group is thriving, but more members would still be welcomed, particularly native speakers.

Group Contact:

Sheila Hogan 01462 743578;
germandaytime@lalg.org.uk

lalg.org.uk/germandaytime

Italian Conversation 1

Usually Fridays,
7.30-9.30pm

We meet via Zoom or at members' homes.



Group Contact:

Alan Fraser 01462 685448;
italian1@lalg.org.uk

lalg.org.uk/italian1

Full

Italian Conversation 2

Alternate Wednesday evenings at members' homes.



To find out more or to join the waiting list please contact Gloria.

Group Contact:

Gloria Tirelli 07503 495952;
italian2@lalg.org.uk

lalg.org.uk/italian2

Full

Italian Conversation 3



Alternate Mondays,
2.30pm

12 Leys Avenue SG6 3EU

Next meetings:

Mondays 4 and 25 April

Group Contact:

Val Quieros 07787 512580;
italian3@lalg.org.uk

lalg.org.uk/italian3

Full

Casual Italian Conversation

A casual, evening conversation group ideal for beginners or intermediate speakers, though patient fluent speakers are most welcome too.

We meet one evening a month to chat over a coffee or glass of wine. A great opportunity to practise your Italian conversation skills and build confidence.

If this appeals to you, please get in touch:

Group Contact: Emma
casualitalian@lalg.org.uk

lalg.org.uk/casualitalian

Latin

Alternate Monday evenings via Zoom

For those with some knowledge of Latin.

Group Contact:

Carl Raybold 01767 223167;
latin@lalg.org.uk

lalg.org.uk/latin



Russian Language

РУССКИЙ ЯЗЫК

Thursdays, 2.30-4pm

via Zoom



We try to resurrect oral and aural skills for part of the session. We also translate items, sometimes news downloaded from Правда, Известия, Би-Би-Си etc, but more often short stories.

Some knowledge of Russian needed.
We do need new members.

Group Contact: Sheila Hogan
russian@lalg.org.uk

lalg.org.uk/russian

What About You?

We are always looking for people to speak at small and large meetings of LALG. Do you have a lifetime of experience in a particular subject, an unusual hobby, an amazing job, or a unique event in your life?

If so, please email:

armitagewilliam@hotmail.co.uk

Spanish Conversation

Thursdays, 7.30pm

Three Horseshoes,
102 Norton Road,
Letchworth SG6 1AG



The meetings are not language classes, they are for general conversation and to practise Spanish together, with occasional topics for discussion.

Some ability in Spanish is needed if you want to really gain a benefit from taking part. New members are always very welcome.

For information about the group, please get in touch:

Group Contact:
Ginny Morris 07944 777862;
spanish@lalg.org.uk

lalg.org.uk/spanish

Welsh Language and Culture



Last Wednesday of the month, 2pm

Chalton Manor Farmhouse,
Moggerhanger MK44 3RA

New members welcome to come and share our love of 'the land of our ancestors'.

Group Contact:
Rosalie Lamburn 01767 640930;
lalg.org.uk/welsh

Save Paper, Go Digital

Do you really need a paper newsletter? The online version reduces your environmental impact.

To switch, contact
membership@lalg.org.uk

Sports and Games

Open Water Swimming



A sufficient number of members are keen on getting this group off the ground for the 2022 outdoor swimming season. A meeting was arranged for March - the swims are likely to be in the warmer months between May - October. There is a cost implication to cover induction, the insurance and the venues where we will swim. If you are interested and require further information please contact:

Acting Group Contact:

Steve Green
07710 542803;
openwater@lalg.org.uk
lalg.org.uk/openwater



Get out what you put in

If you want to get more out of LALG, why not try helping behind the scenes? Here are some ideas:

The LALG Social Team organises social events and the Members' Open Morning Meetings. This friendly team needs a couple more people and some new ideas. Please email Ann on SocialTeam@lalg.org.uk.

The Group Support Team is looking for people who can help new groups to get started. You would only be asked to support groups that interest you. To find out more, please contact Jackie on **07970 407635** or email groupsupport@lalg.org.uk

Finally, the committee needs people who are interested in the general running of LALG. For more information about what is involved, please contact the Secretary, Marian on **01462 683898** or email secretary@lalg.org.uk.

50/9 Golf Society

Wednesday mornings



We play nine holes at some of the finest Golf Clubs in the area, at discounted green fees of between £10 and £15 depending on the venue.

Our games are social rather than competitive and we have mixed abilities.

Please contact us to go on our waiting list.

Group Contact:

Stanley Bonin 01462 672178;
50_9golf@lalg.org.uk

lalg.org.uk/50_9golf

Full

Badminton 1

Mondays, 8-10pm



Letchworth Sports & Tennis Club, Muddy Lane SG6 3TB

New members welcome.

Group Contact: Paul McCann
badminton1@lalg.org.uk

lalg.org.uk/badminton1

Badminton 2

Mondays, 7-8pm



Fearnhill School SG6 4BA

We play mixed doubles and would welcome new players. Our games are sociable, with the emphasis on fun and we have mixed abilities. Do get in touch!

Group Contact:
Sue Bresnahan 07801 345595;
badminton2@lalg.org.uk

lalg.org.uk/badminton2

Bridge Club

**Tuesdays and Fridays,
1pm**

Howgills,
South View SG6 3JJ

Come early and you will be slotted into a table as you arrive. Beginners and improvers are always welcome. We play very friendly Rubber Bridge at £3 a session to cover room hire. Refreshments provided.

Group Contact:

**Gill Cheaney 01462 686806;
bridgeclub@lalg.org.uk
lalg.org.uk/bridgeclub**



Bridge Group - Evenings

Calling experienced and new players.



When we know what members would like, such as rubber or duplicate or occasionally some other card games, we will then decide how to proceed.

If this appeals to you, please get in touch and say if you have a preferred day of the week.



**Group Contact: Emma
eveningbridge@lalg.org.uk
lalg.org.uk/eveningbridge**

Cribbage

**Tuesday 5 April,
2-4pm**



Tuesday 19 April, 7-9pm

Letchworth Sports and Tennis Club,
Muddy Lane SG6 3TB

If you are interested in playing, please contact Steve.

**Acting Group Contact:
Steve Green 07710 542803;
cribbage@lalg.org.uk**

lalg.org.uk/cribbage

Easy Riders



Please check our webpage for details of our next rides.

We ask riders to bring a helmet, a drink and a spare inner tube.

If you would like to join us, please get in touch for details. E-bikes are also welcome.

Group Contact:

**Jackie Harber 07578 466982;
easyriders@lalg.org.uk
lalg.org.uk/easyriders**

Games Club

**Mondays 11, 25 April,
7.15-9.30pm**



Methodist Church Hall,
North Avenue
SG6 1DH

Parking at front, entry on right-hand side of building.

Our club is very welcoming, we help each other out, so don't worry if you haven't played a certain game.

We play a wide variety of board and card games. We meet at 7.15pm for a 7.30pm start. £3, card only, no cash.

Please get in touch beforehand, so we can look out for you and find out what games you have played.

Please take a lateral flow test on the day of the meeting.

To check if the meeting is going ahead, please get in touch:



**Group Contact:
Cathy Watts 07523 763358;
gamesclub@lalg.org.uk
lalg.org.uk/gamesclub**

Garden City Wheelers

Thursday 21 April,
10.30am



Meet at the Fountain in Broadway Gardens weather permitting.

We will ride to Southill and The White Horse for lunch. This ride is suitable for beginners. We will cycle at the pace of the slowest rider doing a return mileage of approximately 24 miles. This ride is relatively flat.

Also, if you need further information or intend to join a ride for the first time please contact me on the number/ email below.

Group Contact:

Stuart Collins 07710 507069;
GCWheelers@lalg.org.uk

lalg.org.uk/GCWheelers

Mah Jong



We meet at members' homes where we play the game for pleasure.

The game and the way we play it lends itself to both the beginner and the more advanced.

Group Contact:

Valerie Williams 01462 624439;
mahjong@lalg.org.uk

lalg.org.uk/mahjong

Full

Pétanque



Wednesdays,
Single session, 1.30pm

Par 3 Golf Centre, Willian Way,
SG6 2HJ

18 people playing at each session. If you are interested, please email:

Group Contact:

Maureen Flower 01462 683939;
petanque@lalg.org.uk

lalg.org.uk/petanque

Par 3 Golf

Fridays, 10am



Par 3 Golf Centre,
Willian Way SG6 2HJ

Nine holes, ranging in length from 53 yards to 104 yards.

There is a comfortable clubhouse, serving light refreshments at reasonable prices. We have space for a couple more players.

To join this group LALG membership is essential. There is a small charge.

Group Contact: Paul Wilkinson
par3@lalg.org.uk

lalg.org.uk/par3

Rummikub



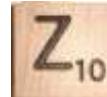
Wednesdays 10am-
12 noon and
Thursdays 1-3pm

Orchard Café, Letchworth Sports and Tennis Club, Muddy Lane SG6 3TB

If you have not been before, please get in touch.

Group Contact:
Maureen Huckle 01462 638099;
rummikub@lalg.org.uk

lalg.org.uk/rummikub



Scrabble

Wednesdays
6 and 20 April, 2.30pm

Orchard Café, Letchworth Sports and Tennis Club, Muddy Lane, SG6 3TB

Thereafter, alternate Wednesdays.

Group Contact:
Eileen Creak 01462 632692;
scrabbleclub@lalg.org.uk

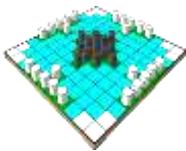
lalg.org.uk/scrabbleclub

Saturday Night Board Games

Letchworth SG6 1FY

A group to learn and play some of the top-rated modern board games.
See website for meeting details.

Group Contact: *Andy Smith*
saturdayboardgames@lalg.org.uk
lalg.org.uk/saturdayboardgames



Short Tennis

Thursdays, 10.30am

Letchworth Sports and Tennis Club, indoor courts, SG6 3TB



Short tennis is played in doubles on a smaller court with a soft ball.

It is easier than lawn tennis, but still good fun and a new skill to master.

If you want to find out more about joining our group, please contact:

Group Contact:
Andy Gordon 01462 685366;
shorttennis@lalg.org.uk
lalg.org.uk/shorttennis

Social Cycling

Sunday mornings



These are leisurely rides around 12-20 miles, on quiet roads or off-road tracks, always ending in a coffee stop. E-bikes are welcome.

New members welcome.
Contact Robin for more information.

Group Contact:
Robin Ghisi 01462 482400;
socialcycling@lalg.org.uk
lalg.org.uk/socialcycling

Snooker

Thursdays, 2- 4pm

We meet every 2 weeks at ABC Club, 24 Leys Avenue SG6 3EW
The cost is £10 per hour (shared) plus £3 entry for non-members.



Snooker cues are available to borrow.
Let Angela know by the Monday of the week we are playing if you would like to participate.

There is also a pool table cost £1 per game plus £3 membership.

Group Contact:
Angela Gray 07879 776726
snooker@lalg.org.uk
lalg.org.uk/snooker

Table Tennis For Fun

Thursdays, 7.30-9.30pm



Central Methodist Church Hall, Pixmore Way SG6 3TR

We ask that every player has had 2 vaccinations. Please get in touch for confirmation. New members welcome.

Group Contact:
Uschi Groves 01462 684742;
TableTennisFun@lalg.org.uk
lalg.org.uk/TableTennisFun

Membership of LALG entitles everyone in your household to join as many groups and activities as they want, space permitting.

It also enables you to join in the free online events on page 4.

Walking Groups

Alternative Ramblers

Sunday 10 April

Please meet at **10am** for a **10.15am** start.

A circular 5-mile walk around Stotfold including sections of the Kingfisher Way and Etonbury Wheel. Level walking, no stiles but may be muddy in parts. Meet in the car park behind the Stag Pub, SG5 4LA (35 Brook Street). Be aware that Brook Street is one way and must be accessed from the High Street.

Lunch bookings can be made directly with the pub on 01462 731098 for 1pm. All menus can be viewed online.

To book for the walk please call Christine and Peter Fulcher on **07925 803029** (also mobile for the day).

Group Contacts:

Anthony and Mary Wakeman

01462 337588;

alternativeramblers@lalg.org.uk

lalg.org.uk/alternativeramblers



Dog-Friendly Walking Group

Wednesday
20 April, 10am



Meet at Manor Wood car park,
Roxely Court Lane, SG6 2AH. .

All are welcome with or without dogs;
no need to book, just turn up.

Group Contact:

Marian Cowdrey 07854 678952;
K9walks@lalg.org.uk

lalg.org.uk/K9walks

Early Morning Walks

Wednesday
6 April, 7-8.45am



To Ickleford

Wednesday 20 April,

7am-8.45am

The usual walk with a diversion to visit a pond.

To be followed by an optional breakfast at the Letchworth Sports and Tennis Club, Muddy Lane SG6 3TB. Non-walkers welcome, but please let William know.

We meet at Letchworth's first roundabout on Broadway, whatever the weather.

Open to all LALG members, walkers and non-walkers. Well-behaved dogs welcome. No need to book.

Group Contact:

William Armitage 01462 643537;
earlymorningwalks@lalg.org.uk

lalg.org.uk/earlymorningwalks



Friday Afternoon Walks

Friday 29 April, 2pm

Note change of time

Meet at Wymondley Wood car park SG6 2AL for a circular walk of approximately 75 minutes

All welcome. No need to book, just turn up.

Group Contact:

Marian Cowdrey 07854 678952;
fridaypmwalks@lalg.org.uk

lalg.org.uk/fridaypmwalks

When you have finished with this newsletter, please pass it to a friend who might like to join LALG.

Long Distance Walkers

Sunday 24 April,
9.30am

Circular walk south of Ely

This 16-mile walk goes south and west of Ely with very little ascent! It can be shortened, dependent on weather conditions and the wishes of the group.

We will take the train to Ely, but anyone wishing to drive there should meet at the railway station no later than 9.30am.

The first train from Letchworth leaves at 8.32am and arrives in Ely at 9.22am with no changes. The train time is correct at the beginning of March but it is advisable to check it before travelling.

Bring food and drink for the day, although there are refreshment opportunities in Ely at the end of the walk.

Walk leader:

Kate Thompson 01462 621248;
07989 826440;
katethompson1834@gmail.com

Group Contact:

Mia Matheson 01462 490070;
longdistancewalkers@lalg.org.uk
lalg.org.uk/longdistancewalkers



Midweek Amblers/ Ramblers

Monday 25 April, 10.15am
for 10.30am start



A walk of 5 miles from The Red Lion, 26 London Road, Woolmer Green SG3 6JP. Led by Charlie and Shirley Sams, the walk will have some scenic views amongst open countryside. Using tracks and a small amount of quiet road walking, the route passes through Burnham Green, Sedge Green and the village of Datchworth.

To book the walk and lunch (if required), please email (preferred) c.sams026@btinternet.com or phone 01438 359026 by Friday 22 April.

Mobile on the day is 07887 750884.

Next walk: **Friday 13 May** (Note change of date)

Group Contact:

Carol Stokes 01438 353666;
midweekambleramble@lalg.org.uk
lalg.org.uk/midweekambleramble

Advertising

Would you like to advertise in the next edition of this newsletter?



Our advertising rates are:

Commercial: Full page £70, Half £40

Non-profit: Full page £55, Half £30

Adverts should be PNG or JPEG files, formatted to fit a full or half page of A5.

Leisure providers, linked organisations and businesses in our discount scheme are welcome to email newsletter@lalg.org.uk.

For more details, please see
lalg.org.uk/advertise

Slow Ways is a project to create a network of paths between towns in Great Britain. There are now 7,908 routes for over 300 towns, cities and villages across Great Britain. You can support Slow Ways by checking and walking all the routes in our area.

See www.slowways.uk

Midweek Walkers

Thursday 19 April,
10am



Meet at the car park at St Paul's Walden Church SG4 8DN (three words ///lies.waving.pirates)

This is a 9-mile circular walk to Reynolds Wood, Whitwell, Stagenhoe, Preston, Poynders End and Langley End. Hopefully there will be sightings of bluebells.

Please bring a packed lunch and book in with **Alison Gillan** on alison_gillan@hotmail.com or 01462 683911 or 07487 270648.

Next walk Wednesday 11 May

Group Contact Jess Peyton Jones
01462 458397;
midweekwalkers@lalg.org.uk
lalg.org.uk/midweekwalkers

Sunday Ramblers

Sunday 3 April,
9.30am



Markyate and Flamstead

An 8-mile circular walk starting from St Johns Church, Church End, Markyate AL3 8PY. Parking in the road just before the church.

From Church End we make our way to Flamstead, Beechwood House School and Roe Green, passing through lovely countryside on good footpaths.

Bring a packed lunch.

Meet at the Arena car park to leave at 09.30am. If going direct to Markyate please let Robin know.

Walk leader and Group Contact:
Robin Edmett 01462 636085;
07948 554359;
sundayramblers@lalg.org.uk
lalg.org.uk/sundayramblers

Nordic Walking

We are full at the moment but we happy to add you to our waiting list and to provide a taster session for you. Please get in touch:



Group Contact:

Christina Butterworth
01462 634437;
nordicwalking@lalg.org.uk
lalg.org.uk/nordicwalking

Full

Slower Walkers

Thursday 14 April



The Millstream,
Cambridge Road,
Hitchin, SG4 0JH at
10.15am for a 10.30am start.

NOTE Day and Date Change

An easy 3-mile walk led by Clive and Susan. Starting out across Purwell meadows following the river Purwell past Purwell Mill towards Wymondley wood returning via Nine Springs nature reserve and the site of the Roman villa.

We will walk across meadows and use good paths including parts of the Greenway and the Hitchin Outer Orbital path with a couple of gentle inclines.

To book the walk, and lunch if required, please email (preferred) nortay222@gmail.com or phone 01462 671238 by 7 April. Mobile on the day: 07887 750884

Next walk: Friday 6 May

Group Contact:
Charlie Sams 01438 359026;
slowerwalkers@lalg.org.uk
lalg.org.uk/slowerwalkers

Trail Walkers

Tuesday 12 April

Tuesday 10 May

Hertfordshire Way

We are a recently re-established group, aiming to cover some of the longer distance trails that pass near Letchworth. New members are warmly welcomed.

We are currently enjoying working our way round the Hertfordshire Way, which circumnavigates the county of Hertfordshire. This is being tackled in stretches of generally 10-12 miles. We normally walk on the second Tuesday of every month. We are sharing cars for these linear walks.

In April we will be walking from Hertford to Broxbourne and in May from Broxbourne to Cuffley. Further details will be given on the website nearer the time.

If you may be interested or have any questions, please get in touch.

Group Contact: Nigel Bellis
trailwalkers@lalg.org.uk

lalg.org.uk/trailwalkers



Weekend Strollers

Saturday 9 April,

10.30am

Meet at The Fox carpark, Willian.

Saturday 23 April, 10.30am

Meet at The Three Horseshoes car park, Norton

We do not walk fast or far, no more than 3 miles.

Walks are followed by coffee. If wet, more coffee, less walk!

No booking required. If you are not sure where to meet, please get in touch.

Group Contact: William Armitage
weekendstrollers@lalg.org.uk

lalg.org.uk/weekendstrollers

Walking Buddies

Friday 22 April,

10.30am

Park at Ickleford Village Squash Courts for 10.30am.

We will walk up a little lane to cross Bedford Road, Hitchin onto Hambridge Way to walk to Pirton Village and have lunch at The Chapel Tearooms. All walkers are very welcome to come along.

Group Contacts:

Anne Larkins 01462 621028;

Jane Clark 01462 450599;

walkingbuddies@lalg.org.uk



lalg.org.uk/walkingbuddies

Wild Walks Mostly Mountainous



Thursday 21 April,

8pm

Social

The Garden City Brewery,
The Wynd, Letchworth SG6 3EN

All welcome.

A few years ago two groups of walkers completed the Pennine Journey in an anti-clockwise direction.

As it is such a great walk, a few of the group are now planning to walk it in a clockwise direction starting the first leg, from Settle to Kirkby Stephen, at the end of March.

Group Contact:

Sheila George 07807 827490;

wildwalks@lalg.org.uk

lalg.org.uk/wildwalks

Linked Organisations

Baldock Floral Society baldockfloralsociety.co.uk	1st Thursday evening each month in Baldock Community Centre. Part of NAFAIS providing workshops and expert demonstrations.	Jean Metzger 07767 884728 or 01462 490930 metzjean@aol.com
Baldock Folk Club	Free admission, donations to performers welcome.	Brian Burke 07768 274037 brianbofbaldock@gmail.com Orange Tree Pub, Baldock
Broadway Gallery www.broadway-leetchworth.com/studio-gallery	Free exhibitions, drop-in family arts studio, courses and events.	The Arcade, Letchworth paul.davey@letchworth.com 01462 476110
David's Bookshop www.davids-bookshops.co.uk	Bookshop offering authors' events and book signings. 10% over £5, some exceptions.	Eastcheap 01462 684631 info@davids-bookshops.co.uk
Forty Plus Cycling Club www.fortypluscc.co.uk	Rides of 25-40-miles to pub lunch, mainly on quiet lanes. Thursdays 10.30am. New members welcome.	Geoff Perry 07770 600370 Stuart Collins 07710 507069 stuartcollins2016@gmail.com
Friends Of Norton Common www.facebook.com/friendsofnortoncommon	Volunteers working to preserve Norton Common. Weekly working parties Thursdays from 9.30am.	Norton Common friendsofnortoncommon@virginmedia.com
Get Painting	Wednesdays 9.30am to 12.30pm at the Settlement. Beginners welcome. Bring your own materials; a social way to enjoy your hobby.	Tony Faulkner 07414 780177 antonioi@live.co.uk
Letchworth District Gardeners Association www.ldga.org.uk	Talks, outings, coffee mornings, trading store and seasonal shows. Discounted entry to monthly talks.	enquiries@ldga.org.uk
Letchworth Educational Settlement www.letchworthsettlement.org.uk	Independent adult education centre providing academic and recreational classes.	229 Nevells Road info@letchworthsettlement.org.uk
Letchworth Film Club www.letchworthfilmclub.com	We view quality films at Broadway Cinema that might not otherwise come here. Discounted tickets.	Peter Griffiths peter@letchworthfilmclub.com 01462 671679
Letchworth Garden City Society www.lgcs.org.uk	History & architecture of LGC and other garden cities; Arts & Crafts Movement; local planning matters. Visits. Talks.	Philippa Parker 01462 686828 philippaclare@me.com
Letchworth Jazz Appreciation Society www.letchworthjazz.org.uk	Monthly meetings at Garden City Brewery: informed presentations of jazz recordings, with CD/DVD/Book Library and Raffle!	Bernard Pritchard 07563 875127 info@letchworthjazz.org.uk
Letchworth Men In Sheds www.letchworthshed.org	A non-profit workshop. Share skills, learn new skills, drop in to socialise. Reduced membership fee for LALG members	Peter Hill 07941 889066 Letchworthmeninsheds@gmail.com

Linked Organisations cont.

Letchworth Model Railway Society www.letchworthmrs.org.uk	The Society meets weekly: Mondays and Wednesdays at Standalone Farm.	secretary@letchworthmrs.org.uk
Letchworth Natural History Society	Monthly Sunday and weekday walks. Discounted entry for LALG members. U16s free.	Pat Robinson 01438 515026 patrobinson759@btinternet.com
Letchworth Scale Model Club letchworthsmc.yolasite.com	Static modelling - figure modelling, vehicles, aircraft ships, etc. Talks and demos at The Club Room, Icknield Centre, Icknield Way, SG6 1EF	Rod Johnson 01438 814225 rodjohnson.mail@talktalk.net
Lordship Theatregoers www.facebook.com/groups/lordshiptheatregoers	We buy tickets at group rates for West End shows, and matinees at Milton Keynes Theatre. No travel arrangements included.	Clive Roylance cliveroylance@icloud.com
North Herts 50+ www.nh50plus.com	Courses, events and social meetings for anyone aged 50+. Discounted entry for LALG members.	Sheila Hogan 01462 743578 nh50plus@gmail.com
N. Herts Guild of Spinners, Weavers And Dyers craftingtogether.wordpress.com	Spinning, weaving, dyeing and other textile crafts. Meets 1st and 3rd Thursdays at Letchworth Settlement 7.30-9.30pm, during term time.	craftingtogether@gmail.com
North Herts Ramblers Group nhrg.org.uk	Weekend walks and occasional midweek in N. Herts, Beds, Essex, and beyond. Walking holidays in UK and abroad. Courses in leadership etc.	Leon Fotiadis 07525 796814 leon.fotiadis@ntlworld.com
North Herts Speakers Club www.northhertsspeakers.org	Develops competence in leadership and communication. 1 st and 3 rd Wednesdays, 7.30pm at Sun Hotel, Hitchin. Free for visitors. Call first.	John Kendall 01462 684036
Pembroke 50+ Club	Letchworth Leisure Centre. Prime activities: badminton and keep fit. Has also provided table tennis, card and board games and social events	Geoff Dallimer 01462 678745 pembroke50plusclub@btinternet.com
Rainmakers International Folk Dance Group www.rainmakers.org.uk	Dances of all styles from around the world.	Mark 01462 454210
Transition Town Letchworth www.transitionletchworth.org	Local projects to help repair the climate. LALG Members can borrow our thermal camera to check out the energy efficiency of their home.	ttletchworth@gmail.com
Weston Music Society westonmusicsociety.org.uk	Six concerts pa by acclaimed classical musicians, inc. two for classical guitar. Usually Holy Trinity Church, Weston. Newcomers very welcome.	Simon Armitage 01462 790214 westonconcerts@gmail.com
Willian Bowls Club bowlsclub.org/club/3950	Bowls club on Lower Green Norton Common, Icknield Way. Reduced membership fee (33% discount).	Norton Common. David 01462 642790 davidpollard@hotmail.co.uk



10% OFF* FOR LALG MEMBERS



Inside &
Outside Dining

MENU

Breakfast, Lunch,
Afternoon Tea
& Dinner



Open 7 days
a week

The Orchard at Letchworth Sports & Tennis Club is delighted to offer *10% off food & soft drinks for LALG Members on the presentation of their membership card. We serve breakfast, lunch & drinks 7 days a week, with an afternoon tea menu and dinner service available on select days. We have an extensive gluten free offering, which is suitable for coeliacs and a dedicated vegan menu. Plus, we would like to extend an invitation to offer our venue to all Letchworth Arts & Leisure Groups as a location for hosting meetings (within our current opening hours), simply call and ask for Joy, to find out more.

For more information call 01462 835525 or visit www.theorchardletchworth.co.uk

Join LALG or renew your membership

5 reasons to belong to LALG

Membership gives your whole household access to:

- ✓ Around 130 groups and events
- ✓ Generous discounts at around 50 local businesses
- ✓ A chance to meet new people
- ✓ Online activities to enjoy from your own home
- ✓ Regular newsletter, online or posted to you.

...and you don't need to live or work in Letchworth to belong!

The easiest way to join LALG or renew your membership is online.

[JOIN | RENEW](#)

At lalg.org.uk click on Join | Renew then follow the prompts.

Or you can pay by phone or bank transfer. Or, pick up a form from David's Bookshop in Eastcheap.

Annual membership is £10 per household, or £14 if you want the newsletter to be posted to you as well as reading it online.

Membership Secretary:
Contact Jackie on **07361 040348**; or email membership@lalg.org.uk