Look inside for new ways to
make friends and try something new!

Letchworth

Arts & Leisure

Groups

April - May 2026

LALG
LETCHWORTH ARTS & LEISURE GROUP

Letchworth Arts & Leisure Group
lalg.org.uk

FB.com/LALGLetchworth
instagram.com/LALGLetchworth

Bluebells in Hitch Wood - Graham Dollman

Letter from the Chair

LALG Chair Jackie Harber

Thank you for picking up this publication to find out more about Letchworth Arts & Leisure Group. Read on to see the hundreds of activities that you and your family could enjoy, in and around Letchworth.

Most groups are happy for you to come along a couple of times before deciding to join LALG. And some activities welcome non-members at a small additional cost.

Household membership costs less than one cinema trip and soon pays for itself if you use the discounts listed at lalg.org.uk/discounts.

LALG is run entirely by volunteers who like making new friends, having fun, and keeping themselves busy with activities they enjoy.

Here we have listed some basic info about the groups we currently offer, but new groups are starting all the time. So if you have an idea for an activity that we don't yet offer, get in touch and we can try to make it happen.

Our website - lalg.org.uk - carries much more information and each group has its own webpage. We also publicise many activities on social media. I hope something interests you and I look forward to meeting you soon.

Regards, Jackie

New Members Meetings

Every six weeks or so, we invite new and prospective members to a one-hour 'getting to know us' session.

They are usually 6-7pm on a Thursday in the Broadway Hotel bar.

It's a great way to meet other new members and get some extra detail on groups you might want to join.

We also arrange one-off sessions for one or two new members who can't make those sessions.

Contact: newbies@lalg.org.uk

Open Meetings lalg.org.uk/OpenMeetings

First Monday of every month, 10.30am in Kincaid Hall, Letchworth Settlement, Nevells Road SG6 4UB.

These meetings are a great way to meet people from across LALG, and from different groups.

We always have two excellent speakers, plus a chance to mingle over a cuppa.

£4 members, £6 non-members.

Payment for membership is also possible at these events, by card or cheque.

Contact: openmeetings@lalg.org.uk

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If you are interested in a group but there is no phone number, visit the web address shown after the group's name; or call Jackie on 07970 407635 or 07578 466982.

Trips & Events

Annual Golf Event lalg.org.uk/lalgevents

Tuesday 15 September Chesfield Downs Golf Club.

Group Contact: **Steve sports-events@lalg.org.uk**

Annual Quiz lalg.org.uk/lalgevents

Saturday 11 April, 7pm

A light-hearted general knowledge quiz at the Settlement. £6pp

Group Contact: **Steve socialteam@lalg.org.uk**

Guided Village Walks lalg.org.uk/villagewalks

We arrange local guided walks, two or three times a year.

Group Contact: **villagewalks@lalg.org.uk**

London Places lalg.org.uk/London_places

We travel by train to interesting destinations around London. We arrange group visits that usually include a (paid) guide and refreshment stops.

Group Contacts: **Elaine Fox/Tony Kuczys 01462 735642; London_places@lalg.org.uk**

London Villages lalg.org.uk/londonvillages

Popular daytime walks in parts of London you might otherwise never see. £5pp

Group Contact: **Rosemary Read 01462 450494; londonvillages@lalg.org.uk**

Moon Walk lalg.org.uk/lalgevents

We walk for about 1.5 hours, in June and December. Booking is required. Free.

Group Contact: **William Armitage 01462 643537; groupsupport@lalg.org.uk**

Theatres and Excursions lalg.org.uk/theatresandexcursions

Travel by coach. Good Category A seats in stalls at excellent prices.

Group Contact: **Malcolm King 01462 677329; theatresandexcursions@lalg.org.uk**

Train Buddies lalg.org.uk/trainbuddies

Travel by train from your nearest station to sometimes unusual destinations.

Group Contact: **Geoff Morse 07714 503671; trainbuddies@lalg.org.uk**

Trips Group lalg.org.uk/trips

Visits, coach trips, self-drive to complement all the other LALG trips. We book up fast and are always happy to get recommendations for new locations.

Group Contact: **Sally Cannon trips@lalg.org.uk**

Understanding Maps

For a better understanding of map-reading. Small cost towards room hire.

Contact: **William Armitage 01462 643537; newideas@lalg.org.uk**

Visiting Churches lalg.org.uk/visitingchurches

Non-religious group visits places of worship to learn about their architecture, monuments, history, and people associated with them over the years. £5pp

Group Contact: **Ann visitingchurches@lalg.org.uk**

Visiting Towns and Cities in England lalg.org.uk/visit-towns-and-cities

We visit towns and cities in England. We travel by rail and stay a few nights.

Group Contact: **Jill Chaffey 07955 729556; visit-towns-and-cities@lalg.org.uk**

Badminton 4 (Coaching for beginners)

We are planning a new badminton group for beginners with a 6-week introduction course, with a qualified coach, either at North Herts Leisure Centre or Fearnhill School. Days and times are yet to be decided but the cost will be around £7 per week per person, which includes equipment. Please contact Steve if interested, with the best days/times for you.

Contact: Steve Green sports-events@lalg.org.uk

Cycle Tyre Repair Workshop

Are you thinking of going out on your bike during the year? Are you interested in becoming more confident in repairing a puncture and taking off/replacing the inner tube and wheel? If so, contact Steve with the best time for you to attend a workshop – probably 6pm - 8pm.

Contact: Steve Green sports-events@lalg.org.uk

D.H Lawrence Discussion Group

Thursday 16 April, 10.30am - 12 noon

Short stories including *England, My England* and *The Prussian Officer*.

Thursday 14 May, 10.30am - 12 noon

Early poetry up to *Look! We Have Come Through!* (about him and Frieda).

Meetings are Mrs Howard Memorial Hall, Norton Way South SG6 1NX. Small charge to cover room hire. No need to book, just turn up.

Contact::William 01462 643537 newideas@lalg.org.uk

Fashion from around the World

From beads to shoes, how we look matters. If you prefer evenings or would like more details, please contact William. No charge but please buy something from the counter.

Contact: William Armitage 01462 643537; newideas@lalg.org.uk

Jane Austen Discussion Group

Jane Austen was born in Chawton, Hampshire, where she wrote her acclaimed novels.

Contact: William Armitage 01462 643537; newideas@lalg.org.uk

Let's Paint

Friday afternoons at Letchworth Settlement. We are looking to start after Easter. We can take up to 14 members, sharing the termly room hire. Bring your own materials.

Contact: Robin Hall newideas@lalg.org.uk

Longer Distance Walking

This group will be for anyone interested in longer walks who would like to join other enthusiasts exploring the wider countryside. please contact Nigel for details of a first meeting to discuss the idea further.

Contact: Nigel Carrick newideas@lalg.org.uk

Membership of LALG

To attend LALG groups and events, you should be a member of LALG; but most groups are happy for you to come a couple of times before you decide whether to join. And some groups have a non-member rate.

Remember: you don't need to live or work in Letchworth to join LALG!

New Ideas

Musicians Together for All Instruments (Making Music)

Do you play an instrument to a good standard, perhaps semi-professional player in the past or professional player, and would like to have a chance to make music with other players again? No charge but please buy a cuppa. Please contact Roger if you intend to come.

Contact: **Roger Edgson 07597 784121; newideas@lalg.org.uk**

Running

Are you interested in joining other members for a run (distance decided by participants) one evening a week? We hope to make a start soon, as the lighter evenings are approaching. If you are interested, please get in touch.

Contact: **Steve Green sports-events@lalg.org.uk**

Shows and Musicals

Let's share our favourite shows and musicals, plan visits and have fun!

Contact: **Anne newideas@lalg.org.uk**

Welsh Group

Are you interested in all things Welsh? The language, culture and history? This new group could take whatever direction the participants would like.

Contact: **Anne newideas@lalg.org.uk**

Arts & Books

All Things Music lalg.org.uk/all-things-music

Free monthly themed meetings at Broadway Gallery. Discussion and listening.

Group Contact: **Mary Patrick 07872 909643; all-things-music@lalg.org.uk**

Art Appreciation lalg.org.uk/artappreciation

Tuesday evening monthly, sharing what we love in the arts. Small charge.

Group Contact: **Jon Marsh artappreciation@lalg.org.uk**

Bob Dylan and Friends lalg.org.uk/bob-dylan

Second Wednesdays, 10.30am Mrs Howard Memorial Hall. £3 towards costs.

Group Contact: **John B 07767 707141; bob-dylan@lalg.org.uk**

British History Reading Group lalg.org.uk/britishhistory

Monthly on a Thursday evening. All welcome.

Group Contact: **Don Dowling 01462 678934; britishhistory@lalg.org.uk**

Children's Books lalg.org.uk/childrensbooks

Tuesday evening, monthly, reading classic and current children's books.

Group Contact: **Jane Faulkner childrensbooks@lalg.org.uk**

Any extra costs? Many LALG groups meet in a café or bar where there is no charge, but we are expected to buy refreshments. Groups who meet in a hall make a small charge for attending, to share the cost of the room hire.

Cinema lalg.org.uk/cinema

Lively, discussions via Zoom on all aspects of film history and contemporary cinema: directors, actors, music, genres, film criticism, international cinema etc.

Group Contact: Rob Townsend 07903 946334; cinema@lalg.org.uk

Creative Writing for All lalg.org.uk/creative-writing

Mondays, 10am at Broadway Hotel; emphasis on short stories and flash fiction.

Group Contact: Tony Faulkner 07414 780177; creative-writing@lalg.org.uk

Crime and Murder Mystery Book Group lalg.org.uk/crimebookgroup

Monthly on a Tuesday evening in the Broadway Hotel bar.

Group Contact: Jenny Gosling 01462 895878; crimebookgroup@lalg.org.uk Waiting List

Daytime Book Group lalg.org.uk/daytimebook

Monthly on a Monday at 2pm. See our web page for books we have read.

Group Contact: Hazel Irwin 01462 730498; daytimebook@lalg.org.uk Waiting List

Daytime Book Group 2 lalg.org.uk/daytimebook2

First Thursday of each month, 10.30am in the bar of the Broadway Hotel.

Group Contacts: Allison 07837 415370, Yvonne 07484 136164; daytimebook2@lalg.org.uk

Fairfield Book Group lalg.org.uk/fairfieldbookgroup

Monthly on first Thursday evenings. Fairfield Bowls Club. £2 per month.

Group Contact: Elaine Fox 01462 735642; fairfieldbookgroup@lalg.org.uk Waiting List

Film Appreciation lalg.org.uk/filmappreciation

The group meets to discuss a film, generally available online or in cinemas.

Group Contact: Lynne McGechie 07763 030031; filmappreciation@lalg.org.uk Waiting List

Get Painting lalg.org.uk/getpainting

Wednesday and Thursday mornings at Letchworth Settlement. For everyone, beginners to experienced. Small weekly charge, payable termly in advance.

Group Contact: Tony Faulkner 07414 780177; getpainting@lalg.org.uk

Irish Book Group lalg.org.uk/ireland

Morning meetings for a book-swap and general discussion of Irish literature.

Group Contact: Graham Collins 01438 356840; ireland@lalg.org.uk

Monday Painting Group lalg.org.uk/mondaypainting

Monday mornings at Letchworth Corner Sports Club. Trial for £5 per session.

Group Contact: Valerie Williams 01462 624439; mondaypainting@lalg.org.uk

Musical Games Group lalg.org.uk/musical-games

Occasional meetings to enjoy singing, percussion, moving to music and generally having fun. £3 members (£5 non-members).

Group Contact: Carole 07752 839589; musical-games@lalg.org.uk

Play Reading 1 lalg.org.uk/playreading1

Monthly on Monday afternoons in a member's house. £5pa to cover book hire.

Group Contact: Ann Gibson 07779 673105; playreading1@lalg.org.uk

Play Reading 2 lalg.org.uk/playreading2

2nd Wednesday morning monthly, Broadway Hotel. £5pa to cover book hire.

Group Contact: **Sonia 01462 654933; playreading2@lalg.org.uk**

Poetry in the Afternoon lalg.org.uk/poetryafternoon

Monthly discussion on a Thursday afternoon in a member's home.

Group Contact: **Val poetryafternoon@lalg.org.uk**

Readers Group lalg.org.uk/readersgroup

Monthly on a Thursday evening at Mrs Howard Memorial Hall. Small charge.

Group Contact: **Megan Stacey 01462 683074; readersgroup@lalg.org.uk** **Waiting List**

Recorders for Fun lalg.org.uk/recorder

Wednesdays mornings, Central Methodist Church, Pixmore Way. Small charge

Group Contact: **Val recorder@lalg.org.uk**

Sci-Fi Fantasy Book Group lalg.org.uk/sci-fi-fantasy

7.30pm on the third Tuesday of each month in the Broadway Hotel bar.

Group Contact: **Branwen sci-fi-fantasy@lalg.org.uk**

Science Book Group lalg.org.uk/sciencebookgroup

Evening bi-monthly to discuss books chosen by the group. No charge.

Group Contact: **Ann sciencebookgroup@lalg.org.uk**

Shakespeare For Fun lalg.org.uk/shakespeare

First Wednesday mornings to choose a play to read and discuss. No charge.

Group Contact: **Karl Schmierer shakespeare@lalg.org.uk**

Sketching in the English Countryside lalg.org.uk/sketchingcountryside

Meetings will resume in April. Bring your own materials.

Contact: **Celia Lord 07964 373131; sketchingcountryside@lalg.org.uk**

Social Play-Going Group lalg.org.uk/playgoing

Contact Brian with ideas of plays or theatres that you would like us to explore.

Group Contact: **Brian Sykes 07710 274503; playgoing@lalg.org.uk**

Ulysses Reading Group lalg.org.uk/ulysses

We discuss one section per month on a Thursday, 2.30pm. No charge.

Group Contact: **Hugh Pollock 01763 260253; ulysses@lalg.org.uk**

Walking Books lalg.org.uk/walking-books

Short walk monthly to discuss a book we have agreed to read. No charge.

Group Contact: **Catherine 07354 973355; walking-books@lalg.org.uk**

Writers Group lalg.org.uk/writersgroup

We meet on the first Tuesday evening of each month via Zoom. £15pa.

Group Contact: **Diana Newson writersgroup@lalg.org.uk**

Writers Retreat lalg.org.uk/writersretreat

We meet in a café Mondays 8.30am -10am and one Saturday a month. Free.

Group Contact: **Rayna West 07415 169511; writersretreat@lalg.org.uk**

Crafts & Gardening

Art and Craft Workshop lalg.org.uk/artworkshop

1st and 3rd Thursday afternoons monthly. £3 per sessions & own materials.

Group Contact: **Robin Ghisi artworkshop@lalg.org.uk** **Waiting List**

Clock Group lalg.org.uk/clockgroup

Wednesday evenings, Mrs Howard Memorial Hall, with a tutor. Small charge.

Group Contact: **Richard Edwards 07989 737219; clockgroup@lalg.org.uk**

Flower Arranging lalg.org.uk/flowerarranging

The Cloisters, alternate Monday afternoons. Small charge towards room hire.

Group Contact: **Angie Lockyer flowerarranging@lalg.org.uk**

Gardening at the Weekend lalg.org.uk/gardeningweekend

Sometimes in each other's gardens; sometimes outings.

Contact: **Wendy 01438 359332; gardeningweekend@lalg.org.uk** **Waiting List**

Gardening in the Evening lalg.org.uk/gardening-evening

We meet in each other's gardens on a weekday evening, weather permitting.

Group Contact: **Gina and Emilii gardening-evening@lalg.org.uk**

Gardening Tea and Tips 1 lalg.org.uk/GardeningTT1

We visit each other's gardens to share tips, swap plants, and enjoy a coffee.

Group Contact: **Annie Hankin 01462 685511; gardeningTT1@lalg.org.uk** **Waiting List**

Gardening Tea and Tips 2 lalg.org.uk/GardeningTT2

We are keen gardeners who take turns to host visits in all our gardens.

Group Contact: **Angela gardeningTT2@lalg.org.uk** **Waiting List**

Gardening Tea and Tips 3 lalg.org.uk/GardeningTT3

Each other's gardens in warmer months; garden centres in cooler months.

Group Contact: **Ros Dollman 01462 683769; gardeningTT3@lalg.org.uk** **Waiting List**

Gardening Tea and Tips 4 lalg.org.uk/GardeningTT4

Each other's gardens in warmer months; garden centres in cooler months.

Group Contact: **Caroline Taiano 07961 462295; gardeningTT4@lalg.org.uk** **Waiting List**

Get Beading lalg.org.uk/get-beading

Making jewellery or decorative items. £15 per session (inc materials, tea etc).

Group Contact: **Janet Beattie 07787 225145 (text); get-beading@lalg.org.uk**

In the Dye Garden lalg.org.uk/dye-garden

Nurturing plants and using their pigments for colouring fibres and fabrics.

Group Contact: **Amy Wilson 07917 543405; dye-garden@lalg.org.uk**

Knitting Group 1 lalg.org.uk/knittinggroup

This group is currently full so we have started a second group; see below.

Group Contact: **Annie Hankin 01462 685511; knittinggroup@lalg.org.uk** **Waiting List**

Knitting Group 2 lalg.org.uk/knitting2

A 'knit & natter' group at the Broadway Hotel, alternate Mondays, 2pm.

Group Contact: **Hetty Smith 01462 630195 or 07930 462870; knitting2@lalg.org.uk**

Photography Out and About 1 lalg.org.uk/poa

We have a monthly photoshoot, and review our photos on a Monday morning.

Group Contact: **Pat Rumpus 01438 557529; poa@lalg.org.uk**

Photography Out and About 2 lalg.org.uk/photography2

We are open to photographers of any skill level.

Group Contact: **Graham Dollman 07584 835197; photography2@lalg.org.uk**

Sewing Group lalg.org.uk/sewing

First Friday morning each month. Small charge to cover room hire.

Group Contact: **Alison Butler 07941 631314; sewing@lalg.org.uk**

Taiko Drumming lalg.org.uk/taiko

Alternate Tuesday evenings, London Road Studios, Baldock. £12 per session.

Group Contact: **Claire 07702 041934; taiko@lalg.org.uk**

Textile Art Group lalg.org.uk/textileart

We are a friendly, creative bunch, meeting every month for a textile workshop.

Group Contact: **Amy Wilson 07917 543405; textileart@lalg.org.uk**

Textiles Group lalg.org.uk/textiles

We meet at our members' homes to share ideas on all elements of textiles.

Group Contact: **Linda Carson 07990 748583; textiles@lalg.org.uk** **Waiting List**

Ukensing lalg.org.uk/ukensing

Learning the ukulele and singing. Thursdays at Pat's home in Hitchin.

Group Contact: **Pat Harris; ukensing@lalg.org.uk**

Ukulele Group lalg.org.uk/ukulele

Thursdays, 1pm and first Wednesdays 7.30pm. All welcome. Small charge.

Group Contact: **David Flower 01462 683939 or 07804 158463; ukulele@lalg.org.uk**

Wildlife Gardening lalg.org.uk/wildlife-gardening

10.30am on the first Wednesday of each month at each other's homes.

Group Contact: **Diane Ketcher wildlife-gardening@lalg.org.uk**

The Ukulele Group at one of their many performances around Letchworth

Food & Drink

Breakfast Club lalg.org.uk/breakfast

Enjoy a hearty breakfast in good company. Monthly at various venues.

Group Contact: **Malcolm King 01462 677329; breakfast@lalg.org.uk**

Dinner Party Club lalg.org.uk/dinner-party

We meet monthly in each other's homes to share delicious food.

Group Contact: **Gina; dinner-party@lalg.org.uk** **Waiting List**

Firkin Club lalg.org.uk/firkinclub

We meet monthly to sample real ales and discuss world affairs.

Group Contact: **Grant Cameron 07896 260261; firkinclub@lalg.org.uk**

Food and Cookery Group lalg.org.uk/foodcookery

Please contact Keith to go on our waiting list.

Group Contact: **Keith 07917 446044; foodcookery@lalg.org.uk** **Waiting List**

Lunch Club lalg.org.uk/lunchclub

On the second Thursday of the month, we visit local pubs and restaurants.

Group Contact: **Sally Cannon lunchclub@lalg.org.uk**

Malt Whisky Appreciation lalg.org.uk/maltwhisky

For those interested in sampling, comparing and enjoying fine malt whisky.

Group Contact: **Grant 07896 260261; maltwhisky@lalg.org.uk**

Supper Club lalg.org.uk/supperclub

Monthly chance to enjoy a fine meal in good company.

Group Contact: **Linda King 01462 677329; supperclub@lalg.org.uk**

Vegetarian and Vegan lalg.org.uk/vegetarianandvegan

For meals together, talks and sharing information. All welcome.

Group Contact: **Andya; vegetarianandvegan@lalg.org.uk**

Wine Appreciation Group lalg.org.uk/wineappreciation

Friday evening tasting sessions at Letchworth Settlement, Nevells Road.

Group Contacts: **Tony Mansey 07770 541207; wineappreciation@lalg.org.uk**

Wine Discovery lalg.org.uk/winediscoverygroup

Please get in touch for details of our monthly meetings.

Group Contacts: **Moira and Nigel Rigby winediscoverygroup@lalg.org.uk** **Waiting List**

Wine Group 3 lalg.org.uk/winegroup3

Monthly on a Tuesday evening - tasting wines in a friendly atmosphere.

Contacts: **Jerry Bolter and Mike Clarke winegroup3@lalg.org.uk** **Waiting List**

If a group is full …

… call them anyway; they might have a waiting list that you could join.

Otherwise, we could start another group! That's how lots of our groups start.
Email **groupsupport@lalg.org.uk**.

General Groups

Action for Happiness lalg.org.uk/actionforhappiness

Monthly on a Wednesday, 7pm via Zoom. A movement for positive change via activities such as mindfulness, gratitude diaries, identifying personal strengths.

Group Contact: **Chris West 07932 195463; actionforhappiness@lalg.org.uk**

Afternoon Quiz Group lalg.org.uk/afternoon-quiz

Fourth Monday of each month, 2.30pm in the Broadway Hotel bar. Free.

Group Contact: **Mandy 07807 827944; afternoon-quiz@lalg.org.uk**

All Things Feathered Poultry Society lalg.org.uk/chickens

Finding out about the joys of keeping poultry and sharing advice and support.

Group Contact: **Claire Bunyan 07788 153500; chickens@lalg.org.uk**

All Things Military lalg.org.uk/allthingsmilitary

Fascinating evening talks on a wide range of topics.

Group Contact: **Veronica Tomkins 01462 671402; allthingsmilitary@lalg.org.uk**

Amateur Radio Group lalg.org.uk/amateur-radio

We meet monthly to discuss amateur radio subjects in the Broadway Hotel.

Group Contact: **Bryan amateur-radio@lalg.org.uk**

Ancient Egypt Study Group lalg.org.uk/ancientegypt

Evening meetings for those fascinated by Egyptology. No charge.

Group Contact: **Oliver Webb 07929 058696; ancientegypt@lalg.org.uk**

Black Squirrel Country Dancing lalg.org.uk/countrydancing

Third Tuesday evening most months. Beginners very welcome! Small charge.

Group Contact: **Mandy Baldwin 07515 823735; countrydancing@lalg.org.uk**

Blitz an Open Space lalg.org.uk/litter

Litter-picking in a friendly team. Members and non-members welcome; free.

Group Contacts: **Ian Martin (for Letchworth) text 07939 268169;**
Gary Mills (for Baldock) 07941 685683 litter@lalg.org.uk

British Monarchs lalg.org.uk/british-monarchs

We take it in turns to present a talk to the group, followed by discussion. Free.

Acting Group Contact: **Jo british-monarchs@lalg.org.uk**

Computer Users lalg.org.uk/usingcomputers

Wednesday mornings in the Broadway Hotel bar, Broadway. No charge.

Group Contact: **Graham usingcomputers@lalg.org.uk**

Decarbonise Letchworth Group lalg.org.uk/DecarboniseLetchworth

Join our monthly lunchtime get-togethers, to share ideas and the latest news.

Group Contact: **Julia DecarboniseLetchworth@lalg.org.uk**

Membership of LALG ...

... entitles everyone in your household to join as many groups and activities as they want, space permitting. **And you don't need to live or work in Letchworth to join!**

Blitz An Open Space - over 2,300 sacks and counting!

This busy LALG group has 4 teams of very dedicated litter pickers operating in Letchworth and Baldock.

In just 4 years they have filled well over 2,500 sacks of rubbish collected from areas that were suggested by LALG members and friends. The team leaders, Brian, Gary and Ian describe this as “just one job we do for the community.”

They added: “It’s amazing what people throw away. At a recent session along Letchworth Greenway we found a supermarket trolley, broken lawn mower, mattress and various metal objects. These have now all been cleared away by North Herts District Council.”

The council provides all the bags and litter-picking tools used by the group. At the end of each session, the rubbish bags are left at an agreed place for collection by the council.

If you would like to join this group, or if you know of an area needing their attention, please get in touch.

For contact details, see the group’s entry on page 11.

Decluttering lalg.org.uk/decluttering

Last Tuesday, 4pm alternate months to share tips and support. No charge.

Group Contact: Nicole Ashbrook decluttering@lalg.org.uk

Europe and Beyond lalg.org.uk/europeandbeyond

Evening talks. LALG members £4, non-members £5. All welcome!

Group Contact: Mandy Baldwin 07515 823735; europeandbeyond@lalg.org.uk

Geology lalg.org.uk/geology

Alternate months for a talk or visit. No knowledge required. Small charge.

Group Contact: Ann geology@lalg.org.uk

Letchworth Local History Research Group lalg.org.uk/localhistory

Serious and committed researchers would be welcome.

Group Contact: Philippa Parker 01462 686828; localhistory@lalg.org.uk

Every group has its own web page address alongside the name of the group.

General Groups

Letchworth Residents Group lalg.org.uk/letchworth-residents

Learn about community activities and services through talks and discussions.

Group Contact: **Julia Letchworth-residents@lalg.org.uk**

Living in an Online World lalg.org.uk/online-world

Meet for free help with smartphones, tablets, social media, online banking, etc

Group Contact: **Trevor L 07361 040348; online-world@lalg.org.uk**

Meditation & Reflection lalg.org.uk/meditation-reflection

Monthly on a Friday morning in the room above Letchworth Library. Free.

Group Contact: **Andya meditation-reflection@lalg.org.uk**

Philosophy lalg.org.uk/philosophy-study

Monthly, Tuesday morning at Mrs Howard Memorial Hall. Small charge.

Group Contact: **Catherine philosophy-study@lalg.org.uk**

Psychology lalg.org.uk/psychology

Evening meetings at Mrs Howard Memorial Hall. Small charge to cover costs.

Group Contact: **Ken Jordan 07980 606781; psychology@lalg.org.uk**

Quiz Team lalg.org.uk/quizteam

We attend quiz nights all around the area. Small charge at each location.

Group Contact: **Andrew Dear quizteam@lalg.org.uk**

Self-Help Slimming Group lalg.org.uk/slimming

We support each other in our attempts to adopt a healthier lifestyle.

Group Contact: **Rayna West 07415 169511; slimming@lalg.org.uk**

Society Unpacked

This evening discussion group for non-sociologists looks at how society works - and sometimes doesn't; and the big issues shaping life today. Small charge.

Contact: **Ken J 07980 606781; newideas@lalg.org.uk**

Transport and Industrial Heritage Group lalg.org.uk/transport

Monthly talks, Tuesday evenings, Jackmans Community Centre. Small cost.

Group Contact: **Tessa Palfreyman 01462 678032 ; transport@lalg.org.uk**

Understanding American History lalg.org.uk/american-history

Daytime discussions, presentations and speakers.

Acting Group Contact: **William Armitage 01462 643537; american-history@lalg.org.uk**

Wild Flowers lalg.org.uk/wildflowers

We make monthly wildflower trips around the area. All welcome.

Group Contact: **Jean Hewitt 07914 151768; wildflowers@lalg.org.uk**

World Religions lalg.org.uk/world-religions

Monthly at Mrs Howard Memorial Hall, to discuss major religions. Small cost.

Group Contact: **Malcolm Davies world-religions@lalg.org.uk**

GILBERT & SULLIVAN'S

PATIENCE

15TH - 18TH APRIL 2026

Includes a Saturday Matinee

PBGS
Putteridge Bury G&S Society

Affiliated to NODA

Woodside Hall
Walsworth Rd
Hitchin SG4 9SP

www.ticketsource.co.uk/pbgs
www.pbgs.org

/pbgands putteridgeburygands info@pbgs.org

Registered charity in England and Wales (number 1213199)

Garden House Hospice Care

British Red Cross

Letchworth

Open Gardens

Sunday June 28th 2026, 11am – 5pm

ca. 23 gardens open across the Garden City

Refreshments, art and plant sales. Artists in residence

Tickets: £10 in advance,

£13 on the day (£25 for two)

Ticket admits to all gardens. Accompanied children, 16 and under, free.
Available May 23rd from David's Bookshop (cash only), Bickerdikes Garden Centre,
or on-line at https://www.letchworth-vog.org/
or from any garden on the day (some will have contactless payment available)
Free park and ride to gardens from Town hall carpark, SG6 3BY

Language Groups

Café Français lalg.org.uk/Cafe-Francais

Tuesday afternoons, Broadway Hotel. Free but we buy something from the bar.

Group Contacts: **Rob Wallis 07768 297802; daytime-french2@lalg.org.uk**

Conversation Française lalg.org.uk/french1

Lundis soirs 19h30 à 21h30 Par Zoom et en présentiel.

Group Contact: **Jimmy Croall 07795 909178; french1@lalg.org.uk**

Daytime French 1 lalg.org.uk/Daytime-French1

Thursday afternoons at Dimples café, Par 3 Golf Course, Willian Way. Free.

Group Contact: **Sheila Rhodes 07876 260152; daytime-french1@lalg.org.uk** **Waiting List**

Daytime French 3 lalg.org.uk/DaytimeFrench3

1st and 3rd Monday afternoons of the month at the Broadway Hotel. Free.

Group Contact: **daytime-french2@lalg.org.uk**

Dutch Conversation lalg.org.uk/dutch

Once a month on Wednesday mornings. Free.

Group Contact: **Corrie Swain 01462 742542; dutch@lalg.org.uk**

German Daytime lalg.org.uk/germandaytime

Wednesdays, 2pm. New members welcomed, particularly native speakers.
Also now Wednesday evening zoom sessions. Free.

Group Contact: **Sheila Hogan 01462 743578; germandaytime@lalg.org.uk**

German Group 1 lalg.org.uk/german1

Tuesdays, afternoon/evening in each other's homes for German conversation.

Group Contact: **Martin Sproat 01438 226044; german1@lalg.org.uk**

Italian Conversation 1 lalg.org.uk/italian1

Usually Fridays, 7.30pm - 9.30pm via Zoom or at members' homes. Free.

Group Contact: **Alan Fraser 01462 685448; italian1@lalg.org.uk**

Italian Conversation 3 lalg.org.uk/italian3

Monday afternoons for about 1 hour at the Broadway Hotel bar. No charge.

Group Contact: **Rosie Lapsley 01462 636331; italian3@lalg.org.uk**

Latin lalg.org.uk/latin

Alternate Monday evenings, 8pm via Zoom. Need some knowledge of Latin.

Group Contact: **Carl Raybold 07921 563611; latin@lalg.org.uk**

Russian Language РУССКИЙ ЯЗЫК lalg.org.uk/russian

Thursdays, 3.30pm - 5pm via Zoom. More Russian speakers welcome. Free.

Group Contact: **Sheila Hogan russian@lalg.org.uk**

Spanish Conversation lalg.org.uk/spanish

Thursdays, 7.30pm at The Orange Tree, Norton Road, Baldock. Free.

Group Contact: **Ginny Morris 07944 777862; spanish@lalg.org.uk**

Speak Spanish lalg.org.uk/speak-spanish

Tuesday mornings in the Broadway Hotel: hot/cold drinks and good company.

Group Contact: **Tony Faulkner 07414 780177; speak-spanish@lalg.org.uk**

Social Groups

30+ Drop-In lalg.org.uk/30plus

Monthly on a Friday, 7.30pm. For people in their 30s and 40s to make friends.

Group Contact: Nurit ; 30plus@lalg.org.uk

50+ Singles Drop-In lalg.org.uk/50plussingles1

Fridays, 7.30pm at Letchworth Corner Sports Club, Whitethorn Lane. Free.

Group Contact: Anne Sparrowhawk 07549 631795; 50plussingles1@lalg.org.uk

Informal Lip-reading Group for Hearing Aid Users lalg.org.uk/lipreading

Thursdays, 10.30am. We are a small friendly group.

Group Contact: Veronica Jones 01462 451174; lipreading@lalg.org.uk **Waiting List**

Meet for Coffee 1 lalg.org.uk/coffee1

Alternate Wednesdays, 10.30am at Dimples café, Par 3 Golf Centre.

Group Contact: Jill Sells 01462 684289; coffee1@lalg.org.uk **Waiting List**

Meet for Coffee 2 lalg.org.uk/coffee2

We meet at Hitchin Garden Centre, Cambridge Road SG4 0JT.

Group Contact: Maureen Huckle 01462 638099; coffee2@lalg.org.uk **Waiting List**

Meet for Coffee 3 lalg.org.uk/coffee3

First and third Wednesdays of the month, 2pm in Cherries and Tea Café. Free

Group Contact: Nayier Ahmad coffee3@lalg.org.uk

Meet for Coffee 6 lalg.org.uk/coffee6

Monthly, 2nd & 4th Thursday mornings at Letchworth Par 3 Golf Centre café.

Group Contact: Brian Sykes 07710 274503 ; coffee6@lalg.org.uk

Meet for Coffee 7 (Stotfold) lalg.org.uk/coffee7

2nd Tuesday of each month, 10.30am at Stotfold library. All welcome. Free.

Group Contact: Fran Sly 07985 900965; coffee4@lalg.org.uk

Philosophy for Non-Philosophers lalg.org.uk/philosophy

Third Monday each month, 7.30pm, Mrs Howard Memorial Hall. Small charge.

Group Contact: Anne Sparrowhawk 07549 631795; philosophy@lalg.org.uk

Singing Sea Shanties lalg.org.uk/sea-shanties

Monthly 2nd Thursday evenings, St Paul's Church Hall. Small charge.

Group Contact: Phil Mortiboy sea-shanties@lalg.org.uk

Members of the 50+ singles Drop-In at a regular Friday evening meet-up

50/9 Golf Society lalg.org.uk/50_9golf

We play nine holes every Wednesday morning: green fees £12.50 to £20.

Group Contact: **Stanley Bonin 01462 672178; 50_9golf@lalg.org.uk** **Waiting List**

Backgammon lalg.org.uk/backgammon

Alternate Thursdays, 4.30pm Broadway Hotel.

Group Contacts: **Harry and Nicky 07944 360356; backgammon@lalg.org.uk**

Badminton 1 lalg.org.uk/badminton1

Mondays, 8pm - 10pm at Letchworth Sports and Tennis Club, Muddy Lane.

Group Contact: **Paul McCann 07824 598244; badminton1@lalg.org.uk**

Badminton 2 lalg.org.uk/badminton2

Mondays, 7pm - 8pm, Fearnhill School. We play mixed doubles. Court fee.

Group Contact: **Sue Bresnahan 07801 345595; badminton2@lalg.org.uk** **Waiting List**

Badminton 3 lalg.org.uk/badminton3

Wednesday mornings N Herts Leisure Centre, Experienced players. Court fee.

Group Contact: **Robin Ghisi badminton3@lalg.org.uk**

Bridge Club lalg.org.uk/bridgeclub

Tuesdays and Fridays 1pm at Howgills, South View. £3pp to cover room hire.

Group Contact: **Gill Cheaney 01462 686806; bridgeclub@lalg.org.uk**

Canasta lalg.org.uk/canasta

Alternate Wednesdays, 7pm in the Broadway Hotel bar

Group Contact: **Gill Cheaney 01462 686806; bridgeclub@lalg.org.uk**

Chess for Fun lalg.org.uk/chess

3rd Monday of the month, 7.30pm. Letchworth Tennis Club, Muddy Lane. Free.

Group Contact: **Nayier Ahmed; chess@lalg.org.uk**

Cribbage lalg.org.uk/cribbage

Tuesdays, 1.30pm in the bar of the Broadway Hotel. No charge.

Group Contact: **Edna Constable 01462 485086; cribbage@lalg.org.uk**

Cricket lalg.org.uk/cricket

For cricket lovers to enjoy visits and discussions.

Group Contact: **Bryan; cricket@lalg.org.uk**

Easy Riders lalg.org.uk/easyriders

First Friday and third Saturday of the month, at the pace of the slowest rider.

Group Contact: **Jackie H 07578 466982; easyriders@lalg.org.uk**

Fitness Together (was Circuit Training) lalg.org.uk/fitness-together

Monday evenings and Wednesday lunchtimes. Led by a professional trainer working at your own pace. £5-£7 / session.

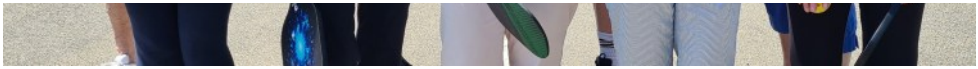
Group Contacts: **Dennis Alder and Paul Taylor fitness-together@lalg.org.uk**

Games Club lalg.org.uk/gamesclub

Alternate Monday evenings. Methodist Church Hall, North Avenue. £5.

Group Contact: **Cathy Watts 07523 763358; gamesclub@lalg.org.uk**

Some of the Pickleball players at Norton Common.
There is no charge and they have spare bats for newcomers so why not give it a go?



Advertisement

Letchworth Garden City Bowls Club

Open Day, Sunday 3rd May 2026

Try out the game of bowls in friendly, relaxed company.

No charge, all equipment provided.

Just drop in any time between 11am and 3pm on Sunday 3rd May.
Upper Bowling Green, Norton Common.

For further information phone Sue on 01462 621067
http://www.letchworthbowlsclub.co.uk/

Sports & Games

Games on the Grange lalg.org.uk/grangegames

Wednesdays 10.30am at the Grange Community Centre café. Includes small bridge group and coffee group.

Group Contact: **Rhian Blakey grangegames@lalg.org.uk**

Garden City Wheelers lalg.org.uk/GCWheelers

Monthly on a Thursday morning, weather permitting. Free.

Group Contact: **Stuart Collins 07710 507069; GCWheelers@lalg.org.uk**

Mahjong lalg.org.uk/mahjong

Wednesdays, 2pm. Letchworth Sports & Tennis Club, All welcome. Free.

Group Contact: **Sue mahjong@lalg.org.uk**

Par 3 Golf lalg.org.uk/par3

Friday, 10.15am Par 3 Family Golf Centre, Willian Way. Discounted course fee

Group Contact: **Paul Wilkinson par3@lalg.org.uk** **Waiting List**

Par 3 Golf Wednesday lalg.org.uk/par3wednesdays

Wednesdays 2pm, Par 3 Family Golf Centre. Discounted course fee

Group Contact: **Graham Taylor par3wednesdays@lalg.org.uk** **Waiting List**

Par 3 Golf Thursday lalg.org.uk/par3thursday

Thursday 2pm at Par 3 Family Golf Centre, Willian Way. Discounted course fee

Group Contact: **Anne C par3thursday@lalg.org.uk**

Pétanque lalg.org.uk/petanque

Wednesdays 2pm. Par 3 Family Golf Centre, Willian Way. £3.60 per session.

Group Contact: **Maureen Flower 01462 683939; petanque@lalg.org.uk**

Pickleball lalg.org.uk/pickleball

Tuesdays and Fridays, 12.30pm at Norton Common courts. Free.

Group Contact: **Mandy Howard; pickleball@lalg.org.uk**

Piquet lalg.org.uk/piquet

Second and fourth Thursdays monthly, 2pm at Broadway Hotel. No charge.

Contact: **Phil Rowe 07982 254463; piquet@lalg.org.uk**

Rummikub lalg.org.uk/rummikub

Tuesdays and Thursdays, 9.45am - 12 noon, Broadway Hotel bar. Free.

Group Contact: **Martin rummikub@lalg.org.uk**

Rummikub 2 lalg.org.uk/rummikub2

Wednesdays, 10am in the café at Letchworth Tennis Club, Muddy Lane. Free.

Group Contact: **Joyce Henderson 07929 402058; rummikub2@lalg.org.uk**

Scrabble lalg.org.uk/scrabbleclub

Alternate Wednesday afternoons in the Broadway Hotel bar. No charge.

Group Contact: **Eileen Creak 01462 632692; scrabbleclub@lalg.org.uk**

If you are interested in a group but there is no phone number, visit the web address shown after the group's name; or call Jackie on 07970 407635 or 07578 466982.

Shanghai lalg.org.uk/shanghai

Monthly on a Sunday, 11am, Dimples Café, Par 3 Family Golf Centre.

Group Contact: Christina shanghai@lalg.org.uk

Short Tennis lalg.org.uk/shorttennis

Thursdays, 10.30am Indoor courts at Letchworth Sports and Tennis Club.

Group Contact: Andy Gordon 01462 685366; shorttennis@lalg.org.uk

Snooker lalg.org.uk/snooker

Thursdays 2pm at local venues. Table fee payable. Cues available to borrow.

Group Contact: Steve Howell 07811 511466 (WhatsApp or text); snooker@lalg.org.uk

Social Cycling lalg.org.uk/socialcycling

We enjoy leisurely rides of around 18 - 28 miles on alternate Sundays. Free.

Group Contact: Pamela Ghisi socialcycling@lalg.org.uk

Table Tennis for Fun lalg.org.uk/TableTennisFun

Thursdays, 7.30pm, Methodist Church Hall, Pixmore Way. Small charge.

Group Contacts: Jane and Adam 07818 038183; TableTennisFun@lalg.org.uk

Table Tennis 2 (Daytime Group) lalg.org.uk/tabletennis2

Tuesdays, 11am - 12.30pm at Letchworth Sports and Tennis Club, Muddy Lane. £4 per session. There is a café in the clubhouse for us to use.

Group Contact: Marion Yeeles 07867 774849; tabletennis2@lalg.org.uk

Whist Group lalg.org.uk/whist

Mondays, 2pm at Letchworth Sports and Tennis Club, Muddy Lane. The venue is free but we make a small charge to create a winner's prize each week.

Group Contact: Ann C 01763 287543; whist@lalg.org.uk

Word Games lalg.org.uk/word-games

Alternate Monday mornings in the Broadway Hotel bar. No charge.

Group Contact: Evelyn word-games@lalg.org.uk

Table Tennis 2 meets on Tuesday mornings at Letchworth Sports and Tennis Club

Walking Groups

Alternative Ramblers lalg.org.uk/alternativeramblers

Sunday rambles of around 5 miles followed by an optional pub lunch. Free.

Group Contact:

Sue Infantino 07758 858418; alternativeramblers@lalg.org.uk

Baldock Walks lalg.org.uk/baldockwalks

Monthly walks of 3 - 6 miles at a gentle pace around and near Baldock. Free.

Group Contacts: Julia Genders 01462 620615 or 07704 762167;
Eileen Creak 01462 632692; baldockwalks@lalg.org.uk

Early Morning Walks lalg.org.uk/earlymorningwalks

Monthly Wednesdays, from the 'first roundabout' on Broadway. Free.

Group Contact:

William Armitage 01462 643537; earlymorningwalks@lalg.org.uk

Evening Strollers lalg.org.uk/eveningstrollers

Monthly in Spring/Summer, weather permitting. End with optional pub/bar visit.

Group Contact:

Jackie Sayers 07970 407635; eveningstrollers@lalg.org.uk

Fast Walking lalg.org.uk/fastwalking

Wednesdays 8.30am walking at 4mph from Norton Common car park. Free.

Group Contact:

Jan Gates 07888 695215; fastwalking@lalg.org.uk

Letchworth District Walkers lalg.org.uk/Letchworth-district-walkers

Our walks are 8 to 13 miles in cities, towns and the countryside. Free.

Group Contact:

Mia Matheson 01462 490070; Letchworth-district-walkers@lalg.org.uk

Midweek Amblers/Ramblers midweekambleramble@lalg.org.uk

Monthly morning walks of about 4 miles in the countryside. Free.

Contact:

Carol Stokes 07813 800874 or 01438 353666; midweekambleramble@lalg.org.uk

Midweek Walkers lalg.org.uk/midweekwalkers

Walks of around 10 miles with optional lunch.

Group Contact:

Jess Peyton Jones 01462 458397; midweekwalkers@lalg.org.uk

Nordic Walking lalg.org.uk/Nordicwalking

Weekly walks of 3 - 4 miles, with occasional longer walks at weekends. Free.

Group Contact:

Martin Lansbury nordicwalking@lalg.org.uk

Try before you buy!

Most groups are happy for non-members to go along a couple of times before you decide if you want to join LALG. When you are ready, visit lalg.org.uk/join

Walking Groups

One of our walking groups, getting away from it all

Short Walks lalg.org.uk/short-walks

Maximum 2-mile walk with optional coffee stop. No need to book. Free.

Acting Group Contact:

William Armitage 01462 643537; short-walks@lalg.org.uk

Slower Walkers lalg.org.uk/slowerwalkers

Mostly flat walks of about 3.5 miles with optional lunch.

Group Contact:

Phil Taylor slowerwalkers@lalg.org.uk

Sunday Ramblers lalg.org.uk/sundayramblers

Rambles of around 9 miles. Carshare advisable. Bring packed lunch. Free.

Group Contact:

Wendy 07856 768685; sundayramblers@lalg.org.uk

Trail Walkers lalg.org.uk/trailwalkers

Linear walks on local trails, in 10-12 mile sections, with car-sharing. Second Tuesday of every month. Free.

Group Contact:

Nigel Bellis trailwalkers@lalg.org.uk

Walking Buddies lalg.org.uk/walkingbuddies

WhatsApp group for people wanting to arrange ad-hoc walks. Free.

Group Contact:

Nicola walkingbuddies@lalg.org.uk

Weekend Strollers lalg.org.uk/weekendstrollers

Saturday mornings. If wet, more coffee, less walk! No booking required. Free.

Group Contact:

William Armitage 01462 643537; weekendstrollers@lalg.org.uk

Wild Walks (mostly mountainous) lalg.org.uk/wildwalks

All ideas, suggestions and offers to plan trips are welcome.

Group Contact:

Sheila George 07807 827490; wildwalks@lalg.org.uk

Letchworth City Chorus
presents
The Power of
LOVE
FRIDAY 26th JUNE at 7:30PM
SATURDAY 27th JUNE at 2:30PM
Free Church, Norton Way South,
Letchworth Garden City, SG6 1NX
ADMISSION: £12.50
CHILDREN: £5
Tickets from David's Music Shop (cash only)
Pay at the door
Doors open 30 mins before the performance
City Chorus

Businesses Offering Discounts to LALG Members

Agent Brains Escape Games	26 Leys Avenue	539763	10% off all off-peak game bookings
Alexander Lewis Estates	9 Arena Parade	510881	10% off fee for sales
Allders Opticians	15 Eastcheap	673216	10% off spectacles
AM Optometrists	29 Leys Avenue	486123	10% off complete glasses
Broadway Hotel	Broadway	480111	35% off Large Plate & Steaks from main menu , 12 - 2.30pm, Mon to Fri
Cooks Boutique	22 Leys Avenue	01708 691322	10% off purchases over £10
Daliani Boutique	11 The Arcade	07400 936884	10% off
David Stern Opticians	10 Arena Parade	683045	10% off, excluding eye test
David's Bookshop	12 - 14 Eastcheap	684631	10% off over £10, some exceptions
David's Music	12 Eastcheap	475900	10% off over £10, some exceptions
Dr Bike - friendly mobile bike mechanic	Mobile service	07840 888050	20% of parts and labour
Evolve Life Pain & Injury Clinic	Henlow/ Letchworth	486444	10% off all appointments
Fairhaven Wholefoods	Unit 27, Jubilee Trade Centre, Jubilee Road	675300	5% off all products – in store only
Garden City Florist	6 Arena Parade	685370	10% off, except Interflora
Icas-Vilas Fine Art	21 Commerce Way	677455	10% off framing only
Isabelle Estates	45 Station Road	487877	10% off sales fees
Joules Garden City Gifts	3 The Wynd	07415 281930	10% off sales over £10
Just for Me	30 Leys Avenue	676688	15% off
Letchworth Pharmacy	One Garden City, Broadway	685915	10% off non-medical
Liliane Textiles	Fairclough Hall Farm Halls Green SG4 7DP	07917 542405	10% off all workshop bookings and shop purchases
Martins Furniture	62 - 64 Leys Avenue & 12 - 14 Commerce Way	351610	5% discount on furniture, carpets & flooring
Max Spielmann	36 Broadway.	672264	10% off

Do you use any of these businesses?
If so, your LALG membership fee could soon pay for itself!

Businesses Offering Discounts to LALG Members

Miss Green Fingers	2 - 4 Eastcheap	337970	10% off café items
Mobility World	Birds Hill	708830	£50 off riser recliner chairs, £100 off beds, 10% off smaller items
Nanny Julie's Children's Hairdresser	8 The Arcade	337805	10% off
North Herts Chiropody	46 Leys Avenue	684358	10% off full treatments
Nuffield Health	Letchworth Lane SG6 3NP	681075	15% off anytime memberships
On Your Travels	www.onyourtravels.co.uk	677111	Discounts on tours and cruises
Pampered Pets	9 The Arcade	07432 440104	10% off a full groom
Prep Lounge	2 Whitehorse Street Baldock	545491	10% off food & drink
Professional Dry Cleaners	25 Eastcheap & 5A Brand Street, Hitchin	682571 & 450491	10% off dry cleaning on site only
ReelN	85 Great Portland Street, London W1W 7LT	reeln.co.uk	5% off monthly South Asian film screenings in & around Letchworth
Revive the Beauty Salon	4 The Wynd	674888	10% off
Shades of Gray	Pixmore Avenue	07794 693709	10% off for over-60s
System Restore UK	2 The Wynd	339101	10% off all labour
T Brooker	Bilton Road, Hitchin	434501	Trade discount where applicable
The BakeHouse	16 The Wynd	337980	20% off two or more cakes
The Letchworth Clinic	17 Station Road	670900	10% off podiatry, Monday - Friday
The Little Ironing Shop	23 The Wynd	07976 966284	10% off
The Shoe Box	45 Leys Avenue	683190	10% off all shoe repairs
The Uniform Monkeys	16 - 18 Openshaw Way	07828 148179	10% off first order
Tutti Frutti Clothing	12a Central Approach	07725 830913	10% off sales of £10 or more
Vutie Beets vegan café	24/25 The Wynd	337930	10% off all sales
Walkwel Clinic	13 Eastcheap & 21 Westgate, Stevenage	682526	5% off non-sale footwear only, in Letchworth & Stevenage

Unless otherwise stated, the town is Letchworth and the phone area code is 01462
To claim a discount, you will be asked for proof of your LALG membership

Arts Society North Herts theartssocietynorthherts.org.uk	Art lectures at Broadway Theatre on first Thursday of the month, 11am except January & August. All welcome. Contact theartssociety.nh@gmail.com
Baldock and District Canoe Club thecanoeclub.co.uk	Kayaking & canoeing trips throughout the UK, from gentle local paddles to exciting white-water rapids. See the website for details.
Baldock Folk Club baldockfolkclub.org	Free admission; donations to performers welcome. Usually at the Orange Tree pub. Contact Baldock. Brian Burke 07768 274037; baldockfolkclub@gmail.com
Branch Out Social Club for Single People branch-out.org.uk	For single people aged 50+ to socialise, weekly at the Three Moorhens, Hitchin. Contact Christine 07932 560998; Christine@branch-out.org.uk
Forty Plus Cycling Club www.fortypluscc.co.uk	Rides of 25 - 40 miles to a pub lunch, mostly on quiet lanes. Thursdays, 10.30am. Contact Alan Brosnan 07790 646949; 40plusNHerts@gmail.com
Garden City Singers www.gardencitysingers.co.uk	Friendly community choir singing a variety of music; concerts to raise money for local charities. All voice parts welcome
Hitchin Floral Art Club	NAFAS floral demonstrators show how to create pleasing designs. Also in-house workshops. Contact Jen 07833 948288; hartinthecorner@gmail.com
Hitchin Thespians www.hitchinthespians.org.uk	Musical theatre and choral society. The Young Thespians present various staged shows throughout the year. For information and tickets: www.hitchinthespians.org.uk
Letchworth Educational Settlement letchworthsettlement.org.uk	Independent adult education centre providing academic and recreational classes. Contact: info@letchworthsettlement.org.uk
Letchworth Film Club broadway-letchworth.com/cinema/letchworth-film-club	World cinema films and timeless classics, monthly on Sundays, 7.45pm at Broadway Cinema. Contact: Lynne McGechie 07763 030031; lynne@letchworthfilmclub.com

Linked Organisations offer benefits to LALG members. To apply to become a Linked Organisation, visit lalg.org.uk/linkedorgs or email linkedorgs@lalg.org.uk

Letchworth Garden City Bowls Club letchworthbowlsclub.co.uk	Norton Common April-Sept. 50% off membership for 1st year, plus 10% LALG discount. Contact Sue Sinclair 01462 621067; secretary@letchworthbowlsclub.co.uk
Letchworth Garden City Society lgcs.org.uk	Visits and talks on Letchworth, other Garden Cities, architecture/history, local planning matters. Contact: Philippa Parker 01462 686828; philippaclare@me.com
Letchworth Music letchworthmusic.org/	Chamber music concerts October to April, by professional musicians, at Howgills Friends Meeting House. Contact Marion Ohlendorf 01438 361470
Letchworth Scale Model Club letchworthsmc.yolasite.com	Figures, vehicles, aircraft, ships, etc. Talks and demonstrations at the Icknield Centre. Geoff Russell 07806 433998; 118geoff@gmail.com
Letchworth Sinfonia Letchworth-sinfonia.org.uk	Amateur chamber orchestra with professional conductor. 2 concerts pa. Rehearsals alternate Sundays at Letchworth Settlement. Contact Elisabeth George 07305 315657 elisabeth.george@ntlworld.com
North Herts Bowls Club www.n-h-b-c.org.uk	Norton Common Mondays 2pm to 4pm. LALG discount. Contacts: Andy 07818 664274 or Mike 01462 893411
North Herts Speakers Club www.northhertsspeakers.org	Supportive friendly group helping you with public speaking, presentations and leadership. First Wednesdays, 7.30pm online and third at The Cloisters, Letchworth. Free for visitors. Call first. Contact John Kendall 01462 684036
North Herts Stamp Club	Monthly meetings in Letchworth where we enjoy displays and can buy and sell stamps. Contact: 07776 381781, richardemerritt@talktalk.net
Unicorn Ceilidhs unicornceilidhs.org.uk	Dances for the local community, with a wide range of ceilidh bands and callers. Contact: 07833 643597; barry.goodman1@ntlworld.com
Whitethorn Bowls Club Whitethorn Lane	Friendly and league matches April - September. All welcome; instruction available. Contact: 07981 958651; tonypinchin@hotmail.co.uk

Linked Organisations offer benefits to LALG members. To apply to become a Linked Organisation, visit lalg.org.uk/linkedorgs or email linkedorgs@lalg.org.uk

join LALG

Letchworth Arts & Leisure Group

Membership entitles everyone in your household to join as many activities as they want, space permitting. Most groups will welcome you a few times before you decide whether to join. Most meetings are free except where a charge is made for venue hire or materials.

Here are some of the reasons to join Letchworth Arts & Leisure Group:

- ✓ Over 170 groups and events – one third outside office hours
- ✓ Generous discounts at more than 40 local businesses
- ✓ A chance to meet new people and try new things
- ✓ Online activities to enjoy from your own home
- ✓ Members' newsletter, online or paper

… and **you don't need to live or work in Letchworth to belong!**

Annual membership is £10 per household, viewing our 52-page, bi-monthly newsletter on our website. Or for £25 membership includes having the newsletter delivered to your home.

You can pay for your membership online with a payment card or a bank transfer.

Or you can join in person with a cheque, cash or card. There are at least three in-person opportunities each month.

Or take a cheque to David's Bookshop and ask for a membership form to complete.

For full details, visit lalg.org.uk/join, or contact:

Membership Secretary: Trevor 07361 040348; membership@lalg.org.uk

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